



# VOLUNTEER TODAY



Dedicate Yourself to Caring for the Land and Serving the People  
<http://www.fs.fed.us/r5/angeles/volunteering/>

Los Angeles River Ranger District Volunteer Newsletter May 2006 Vol. 4 Issue 5

## GREETINGS

### VOLUNTEERS ARE THE HEARTBEAT OF THE FOREST SERVICE

California Trails Day was a successful event, the weather cooperated and the morning snack/lunch was outstanding. I understand approximately 100 individuals were present and accomplished a fair amount of trail maintenance on the Sunset Ridge and Sam Merrill Trails. I arrived late and hiked the lower Sunset Ridge Trail and reviewed the work accomplished, it looks great. Sorry for missing you, hope to see you at National Trail Day event. I also want to express my appreciation for those who participated in this event and made it a success.

At our last volunteer meeting, it was suggested that we work towards an event calendar that builds upon this past years “Working Together” philosophy and is reflects the kind of group interaction exhibited at California Trail and National Trail Days events. The theory behind this endeavor is to get a large group of individuals together on a monthly basis to accomplish a project (ie trail/facility maintenance etc) and to provide an opportunity to explore different projects and locations. To assist in this endeavor, I’ve volunteered to develop an October 2006 – September 2007 event calendar that highlights dates individuals/groups can assist other individuals/groups in accomplishing their goals/objectives. If you have an event that you would like to host, please provide me with the date, time and location by September 1, 2006. The October 2006 – September 2007 event calendar will become available September 30, 2006.

June 3<sup>rd</sup> is National Trails Day, so if you want to learn about trail maintenance work or want to assist in trail maintenance this event is scheduled for the Redbox Trail System. Please contact me for further information.

The volunteer program is open to all individuals and/or groups that are interested in assisting the Angeles NF in accomplishing natural resource management objectives. If you’re interested in assisting us in managing your National Forest or have questions about the Volunteer Program, please contact me at 818-899-1900 ext 229 or e-mail [hokamoto@fs.fed.us](mailto:hokamoto@fs.fed.us)

/s/ Howard S. Okamoto

Angeles National Forest

Los Angeles River Ranger District  
Recreation Officer

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**Trails need work as shown on page 8!**

**Fill the form!**

**“Motivation is everything. You can do the work of two people, but you can’t be two people. Instead, you have to inspire the next guy down the line and get him to inspire his people.” Lee Iacocca, former president and chairman of the Chrysler Corp.**

## May CALENDAR

- May 5-7 TreePeople's
- May 6 Haramokngna Cultural Center
- May 6 Take a walk and learn more about the Angeles Forest. Meet at the Chilao Visitor Center on the Angeles Crest Highway You must RSVP with Matt McGrath at 626-796-5541 and no pass is required if parked at Chilao VC.
- May 6 Habitat Works of Southern Ca.
- May 9<sup>th</sup> ACTRWG meeting
- May 10<sup>th</sup> Habitat Works of Southern Ca.
- May 13<sup>th</sup> CORBA
- May 13<sup>th</sup> CTUC annual barbeque at North Fork
- May 13<sup>th</sup> JPL Trailbuilders
- May 13<sup>th</sup> SMAS BEAR CANYON
- May 13<sup>th</sup> Haramokngna Cultural Center
- May 13-14<sup>th</sup> Habitat Works of Southern Ca.
- May 17<sup>th</sup> 7:00 PM Forest Service - Volunteer Meeting (third Wednesday of each month at the Wildwood Volunteer House.
- May 20 National River Cleanup – Big Tujunga
- May 20-21 Haramokngna Cultural Center
- May 20 Trail patrol/hike
- May 24<sup>th</sup> Habitat Works of Southern Ca.
- May 27-29 Habitat Works of Southern Ca.
- May 27<sup>th</sup> Take a walk and learn more about the Angeles Forest. Meet at the San Gabriel Canyon Environmental Education Center on Highway 39. You must RSVP with Steve Segreto at 626-335-1251, ext. 225 or 909-982-2829.
- May 27<sup>th</sup> Angeles Mountain Bike Patrol
- May 27<sup>th</sup> ACTRWG Trail Repair Day
- May 27<sup>th</sup> Haramokngna Cultural Center
- May 27<sup>th</sup> CORBA

### Forest Service Help Wanted

Chilao Visitor Center has a wide variety of volunteer opportunities available. Volunteers can lead a monthly nature walk or an occasional prescheduled school or campground presentation or can staff the Visitor Center and help others enjoy their visit to the Forest. For more information, contact Matt McGrath at 626-796-5541 or [mmcgrath@fs.fed.us](mailto:mmcgrath@fs.fed.us).

## THANK- YOU

A Big thank-you to the following for making California Trails day a success

Mike and Robin Mcguire ( Angeles Mountain Bike patrol ) helped to put this all together.

Money donations from:

Corba (concerned off road bicycle association)

MWBA (mount wilson bicycle association)

sponsored by Pasadena Cyclery

The people who went out to buy the food

Altadena Crest Restoration Group for there money donation and extra food and help

Brain and Dee Marcroft (Scenic Mt Lowe Group)

Terri Kaiser (CTUC) for bring the bbq's

Tom and Patty Dwyer (arroyo seco)

John Horton (BSA)

Kathy Riely (JPL trail builders)

Thank you Christopher P Fabbro (USFS)

Thank you Howard S Okamoto (USFS)



If you wish to get electronic copy of this newsletter, then go to <http://www.mtlowe.net/VolunteerNews.htm>

# Don't just read this, join a group!

## VOLUNTEER GROUP NEWS



### ANGELES NATIONAL FOREST FIRE LOOKOUT ASSOCIATION (ANFFLA)

<http://www.anffla.org>

<http://www.angeleslookouts.org>

George & Pam Morey 909-338-3923

Presently looking for more volunteers to train. Come and learn!

### ANGELES MOUNTAIN BIKE PATROL

[mmcguirepoolspace@cs.com](mailto:mmcguirepoolspace@cs.com)

Our mission is to provide educational and a responsible image to all trail users. To encourage rider's to obey forest regulations and working to preserve and protect trails. A.M.B.P is here to serve and inform the public

### Altadena Foothills Conservancy

[Rob@altadenafoothills.org](mailto:Rob@altadenafoothills.org)

626-798-3235

### Altadena Crest Trail Restoration Working Group (ACTRWG)

[Sameeretman@hotmail.com](mailto:Sameeretman@hotmail.com)

[www.altadenatrails.org](http://www.altadenatrails.org) 626-797-7243

### ANGELES MOUNTAIN BIKERS AND TRAIL KEEPERS.

Mark Gage [mrgy33@hotmail.com](mailto:mrgy33@hotmail.com)

Hikers and Bikers working together on trails. We work on the trails almost every Saturday

### Boy Scouts of America

The High Adventure Team – Los Angeles Area Council provides training opportunities for all interested individuals. For more information: [www.boyscoutsla.org](http://www.boyscoutsla.org) click H.A.T.

### California Trail Users Coalition (CTUC)

To provide a forum for all trail users to discuss trail related issues, problems and alternative solutions; to assist in the planning, development, maintenance and patrolling of trails to enforce rules of the road; and to develop and maintain programs designed to educate users on proper use of trails and trail etiquette.

Looking for interested hikers, mountain bikers and equestrians to be a part of this Coalition. If interested come to our next meeting or check out [www.ctuc.info](http://www.ctuc.info).

• May 13<sup>th</sup> CTUC annual barbeque at North Fork

### California Canyon Coalition

1919 East Beverly Way #106

Long Beach, CA 90802

Trudy Rutland 562-491-1989

[Transplatedtexantr@yahoo.com](mailto:Transplatedtexantr@yahoo.com)

Group of canyoneers, who are interested in keeping canyons free of trash and graffiti.

### HABITAT WORKS OF SOUTHERN

CALIFORNIA <http://www.habitatwork.org/>

- May 6 Arbor Day in Central Park
- May 10, 24 Micro-Trash Clean Up
- May 13-14 Native Streams Program
- May 27-29 3-Day Backpack Sespe Wilderness

Tom Persons 310-402-6700 or 310-412-4986

Kim Clark 818-353-4653 or 818-395-9114

# Join One Today

## VOLUNTEER GROUP NEWS

### Outward Bound Adventures (OBA) <http://www.obainc.org>

OBA's Mission: To provide meaningful nature-based education that promotes positive self-development, environmental responsibility, and outdoor career exposure for at-risk and urban youth.

### Concerned Off-Road Bicyclists Association (CORBA) <http://www.corbamtb.com>

CORBA is committed to:

1. Maintaining access to and gaining access to trails in Los Angeles and its surrounding areas, through education, information and preservation.
2. Educating mountain bicyclists in the safe and appropriate use of mountain bikes.
3. Contributing to the building and maintaining of riding areas in Los Angeles and its surrounding areas.

- May 13 Sin Nombre and Two Foxes Trails
- May 27 Condor Peak Trail

A trail mtnc crew will start up in June and a Developed Recreation crew will start up in May.

Phone: 626-564-0844  
E-mail: [obainc.sbcglobal.net](mailto:obainc.sbcglobal.net)  
website: [www.obainc.org](http://www.obainc.org)

### JPL TRAILBUILDERS

<http://www.jpreclubs.caltech.edu/hiking/>

Kathie Reilly 818-354-8321 (JPL)  
626-798-7256 (home)

Jack Russell 562-861-3187

- May 13 8:15 AM

### High Country Riders

Forest wide equestrian volunteer group that patrols trails and can pack equipment, supplies etc to your worksite.

Jonathan Schultz 951-830-3400  
[maujds@earthlink.net](mailto:maujds@earthlink.net)

### Haramokngna American Indian

Cultural Center [www.haramokngna.org](http://www.haramokngna.org)

For additional information: 626-445-8975

- May 6 - Guest Host - Bill Neal
- May 13 - Spirit Vessels
- May 20 - pine needle baskets
- May 21 - pine needle baskets
- May 27 - Hands-on activities

### Monrovia Canyon Park

[http://www.ci.monrovia.ca.us/city\\_hall/public\\_works/canyon\\_park/canyon\\_park.htm](http://www.ci.monrovia.ca.us/city_hall/public_works/canyon_park/canyon_park.htm)

Need volunteers and trail maintenance work on Ben Overturff and Waterfall Trails  
626-256-8282

### TreePeople's

- May 5-7 Angeles Forest Tree planting dates

TreePeople's mission is to inspire the people of Los Angeles to take personal responsibility for the urban forest - educating, training and supporting them as they plant and care for trees and improve the neighborhoods in which they live, learn, work and play.

9:00a - 2:00p Angeles National Forest Volunteer Mountain Forestry Planting During April TreePeople's Mountain Forestry program will focus its efforts in the Angeles National Forest, volunteering with the U.S. Forest Service's annual tree plantings. Your help is needed in this restoration effort!

Volunteers are invited to participate in one or more days of any scheduled planting, overnight camping is available at no charge in beautiful secluded pine forests near most locations (must bring own camping equipment and supplies).

Planting projects will run from 9 a.m. to approximately 2 p.m. each day. Contact Tom Persons for directions and to RSVP.

For more information

Tom Persons Telephone (818) 623-4846

Email [tpersons@treepeople.org](mailto:tpersons@treepeople.org)

# Hathaway - Sycamores Child & Family Service

What's happening at Hathaway School  
(ANF 5130)

Work commenced on The Doc Larsen Trail with an initial survey 3/16/06. Of the 11,000 ft surveyed, most was in good shape with only moderate brushing needs recorded and no extensive tread damage. Work on this trail will continue for the duration of the Spring (to date 5,400 ft have been cleared) before turning our full attention to Gold Canyon this summer.

## Other News:

Hathaway School was awarded a \$13,000 grant from the USFS for trail maintenance in the Angeles National Forest in January 2006. These funds will be used for direct training wages, trail supplies, and logistical support for "at-risk" youth at Hathaway and Sycamores schools through October 2006. With this new funding support, we have been able to add an additional full crew, taking our total daily headcount to 21, and clearing more than 800 ft of trail per day.

## Spring Calendar

- May 13<sup>th</sup> - Trail maintenance with SMAS in Bear Canyon.
- June 3<sup>rd</sup> - National Trails Day.
- June 4<sup>th</sup> - Gardena 5k - Students Run LA.
- June 8<sup>th</sup> - Senior prom
- June 17<sup>th</sup> - Tom Lucas work project.
- June 22<sup>nd</sup> - Graduation
- July 10<sup>th</sup> - August 18<sup>th</sup> - Summer work

Also, congratulations to Crew Leaders Phil M. and Shane R.; recipients of Crew 5130's "Outstanding Service Award" for 2006. Both will receive a certificate and Smokey the Bear wristwatch at graduation.

Contact Kevin Sarkissian at [ksarkissian@hathawaychildren.org](mailto:ksarkissian@hathawaychildren.org) or 818 896 2474 x 306 if you want to help out!



**HATHAWAY MOTTO**  
**DIRT NEVER**  
**TASTED SO GOOD**

# Join One Today

## VOLUNTEER GROUP NEWS

### Pacific Crest Trail Association (PCTA)

<http://www.pcta.org>

“Mission of the PCTA is to protect, preserve and promote the Pacific Crest National Scenic Trail so as to reflect its worldclass significance for the enjoyment, education and adventure of hikers and equestrians.

For additional information:

Suzanne Wilson

Regional Representative

951-492-9836

[swilson@pcta.org](mailto:swilson@pcta.org)

• Jan 1 to Sep 30.

‘Fannypack’

Projects on SBNE, ANF, and BLM.

Swat teams to inventory trail,

clear trees and boulders, and repair slides on short notice. Open to qualified volunteers.

Contact: Pete Fish 805-658-6540

[pickaxepete@sbcglobal.net](mailto:pickaxepete@sbcglobal.net)

### SIERRA MADRE AREA SINGLES

(SMAS) <http://www.outdoorsclub.org/>

Richard 626-285-0962

### SCENIC MT. LOWE RAILWAY

<http://www.mtlowe.net>

Brian Marcroft 562-868-8919

[emworks@pacbell.net](mailto:emworks@pacbell.net)

### The Audubon Center at Debs Park

The Audubon Center is a unique urban nature center, envisioned by Audubon as a model to serve a new demographic of nature lovers. Located along the historic Arroyo Seco Parkway (110 Freeway) between downtown Los Angeles and City of Pasadena, in Ernest E. Debs Regional Park.

Hours: Wed. thru Sun. 9am-5pm

## First Aid:

### The sun

The sun’s rays are strongest between 10:00 am and 4:00 pm. Overexposure to the sun leaves one prone to early wrinkles, cataracts, dilatation of blood vessels, heat exhaustion, sunburn and skin cancer. The ultraviolet rays of the sun cause the untoward effects.

· To protect yourself while exposed to heat, consider using the following tips:

· Wear a sunscreen with a Sun Protection Factor (SPF) of at least 15.

· Reapply sunscreen at least every 2 hours while outdoors.

· Wear light-weighted long sleeve shirts and pants, sunglasses, and wide brim hats.

· Take breaks for rest and hydration every hour. Avoid alcohol and caffeine.

## California Trails day



## ***Angeles National Forest Trivia***

by **Deb Kure**

Brush Rabbits (Western Cottontails) can produce 35 offspring in a year. They build their own burrow, and are surprisingly good swimmers.

**I just notice that I goofed: The next hike should be May 13, 2006 (second saturday of the month) That day is also Trail Boss training and I agreed to help. Any suggestions?**

**Next patrol will be 20 May 2006.**

**George Aumann**

## **Alpine Training Services**

<http://www.atsenviroaction.com/>

Environmental Action Days (E.A.D.) are an original creation of Alpine Training Services. We felt with the increased traffic canyons have seen over the last several years as the sport of canyoneering has grown, it was necessary to initiate a series of cleanup days to keep the canyons free of trash. E.A.D. is a new program from Alpine Training Services representing our "One Earth" philosophy — that being there is only. One Earth for us to live on, grow on, and make a future on. To learn more about Alpine Training Services and the programs we offer including our full course curriculums for canyoneering, rock climbing, kayaking, & backpacking feel free to follow the above linking, kayaking, & backpacking feel free to follow the above link

## ***Avoiding the Chainsaw Massacre***

author: **Fredric L. Rice**

e-mail: [frice@skeptictank.org](mailto:frice@skeptictank.org)

**MORE PICTURES AT:**

<http://portland.indymedia.org/en/2006/04/337067.shtml>

On the week end of April 1st and 2nd, a number of volunteer trail builders and maintainers were offered the opportunity to learn how to use and maintain chainsaws safely and efficiently with a day of classroom instruction and a second day of hands-on one-on-one training. The U. S. Forest Service offered the instruction through the Arroyo Seco Hotshot fire crew stationed at the Angeles Crest station in the Angeles National Forest.

The following people have learned how to avoid a chainsaw massacre.

**Gabor Kozinc**

**Tom Rlerson**

**Johathan Schultz**

**Ruben Palagonia**

**Scott Wilson**

**Mike Heard**

**Fredric Rice**

**Rene Rodriquez**

**Jason Suppes**

**Galen Heisey**

**Brian Kamine**

**Rich Hoesly**

**John Horton**

**Guy Kuhn**

**Kevin Sarkissian**

**David Ledford**

**Michael Schlaifer**

**Peter Matthews**

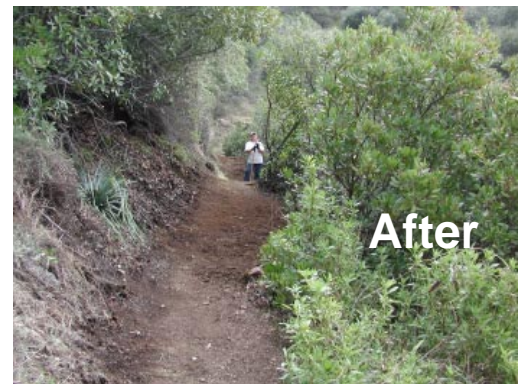
**Good Work, Thank-you Arroyo Seco Hotshots!**



**Los Angeles River Ranger District  
12371 North Little Tujunga Canyon Road  
San Fernando, CA 91342**



**Work by  
ANGELES  
MOUNTAIN  
BIKERS AND  
TRAIL KEEPERS  
Help them !  
Fill the form!**



**Volunteer Today  
Send this in Right Away to  
Howard S. Okamoto—12371 N. Little Tujunga Canyon Rd  
San Fernando, CA 91342**

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

\_\_\_\_\_

**Phone # (hm)** \_\_\_\_\_

**e-mail** \_\_\_\_\_

**Interests**

**Indicate what you would like to do. Circle area or enter your interests.**

**Campground Host/ Visitor Information/ Smokey Bear - Fire Prevention/**

**Recreation Aid / Forest Patrol /Resource Management / Computers/**

**Research-Librarian / Office Clerical / Tour guide/ Fire Lookout/**

**Conservation Education**

**Other:** \_\_\_\_\_

\_\_\_\_\_