VOLUNTEER TODAY

Dedicate Yourself to Caring for the Land and Serving the People

http://www.fs.fed.us/r5/angeles/volunteering/

Los Angeles River Ranger District Volunteer Newsletter Sept 2011

The Community Hiking Club

The mission of the Community Hiking Club is to protect and restore wild places and wild rivers in the Santa Clarita and Antelope Valley, the San Gabriel Mountains, and the Eastern Sierra through educational programs, hikes, restoration and mapping projects, and community outreach.

The Community Hiking Club is involved in many things besides hiking! The stewardship arm of the club is engaged in non-native invasive plant removals, especially Tamarisk. We have eradicated it from 4 canyons in Santa Clarita, and are working on the 5th. We also spend an inordinate amount of time picking up microtrash in the forest, and have picked up over 5,000 lbs of micro-trash so far. In addition to that, we remove graffiti, pick up dumped trash/litter, and we've planted a 2.5 acre native garden for Santa Clarita as an educational project. We also maintain this garden, do river clean ups, and do trail maintenance in and around Santa Clarita.

One of our main goals is to preserve and protect wild places and rivers. We are working with SCV Green to purchase land in the animal corridors to maintain connectivity, with the National Park Service to designate a trail of national significance and to create a National Recreation Area. We are also mapping a newly proposed trail that will go from Acton to Ventura.

We teach eco-classes for children, and work with at-risk youth. We hike, camp, do nature crafts, teach the art of cave painting while creating rock based pigments, teach them about the flora and fauna in the forest, and plant native plants and trees. CHC strives to enable the youth of the Santa Clarita Valley and beyond to reach their full potential regardless of background. Through our nature programs we help to develop responsible, environmentally conscious and caring individuals.



Volunteer **Group News**pg 2–11 **Heat Exhaustion** and Heat Stroke Prevention ... pg 8 Need a copy of Newsletter?pg 11 Need Trail Work Help.....pg 11 **Need Invasive Plant** Removal Help!pg 11 Get ver pancakes! **Mount Wilson Bicycling** Association fundraiser....pg 11 Corba Fat Tire Fun(d)raiserpg 11 The Bridge to Nowhere adventurepg 11 WHO ARE YOU?.....pg 12 **Need Tree Care** Help!.....pg 12 In the Los Angeles Times.....pg 12

Artificial Intelligence Is No Match for Natural Stupidity.

Forward..... Pg 12
Plants that are not

Periwinkle....pg 13

wanted:

VOLUNTEER GROUP NEWS

AC100 http://www.ac100.com By: Hal Winton and Ken Hamada

The 25th Annual Angeles Crest 100 Mile Endurance Run will be July 21/22, 2012.

Altadena Crest Trail Restoration Working Group

Monthly meetings on second Tuesday at Altadena Community Center

www.altadenatrails.org

Angeles Mountain Bikers and Trail Keepers Mark Gage

mrgy33@hotmail.com

Hikers and Bikers working together on trails. We work on the trails almost every Saturday. Our focus trails are Lower Sam Merrill and Castle Canyon.

Angeles Mountain Bike Patrol (AMBP) m.rmcguire@hotmail.com

Our mission is to provide educational and a responsible image to all trail users. To encourage rider's to obey forest regulations and working to preserve and protect trails. A.M.B.P is here to serve and inform the public.

ANGELES NATIONAL FOREST FIRE LOOKOUT ASSOCIATION

http://www.anffla.org

• Help rebuild Vetter Mtn Fire Lookout with a purchase of a reusable tote bag for \$5.



• Help support ANFFLA everytime you shop! Register your Ralphs Club Card and your Food4Less card and ANFFLA will receive a donation every time you shop. It's an easy to help support our efforts and costs you nothing!

contact: Pam Morey pammorey@fs.fed.us Forest Care Program Coordinator 909-744-9510 ext. 125

Antelope Valley Conservancy

www.avconservancy.org avconservancy@yahoo.com

OFFICE PHONE (661) 943-9000 Facebook: Antelope Valley Conservancy

• Sept 24^h To celebrate National Public Lands Day
Los Angeles County Department of Parks and Antelope
Valley Conservancy request your help to clean up illegally
dumped litter at the Gerhardy Wildflower Sanctuary.

For a map and more information, visit **www.avconservancy.org/Events.htm** or call 661/943-9000.

•If you use Google or any other search engine, please try **GoodSearch.com** to help us build the Sustaining Endowment. Just type "av conservancy" as your charity and Yahoo donates a penny for each search- at no cost to you! Do it now, so you don't forget. Thank you!

Arroyos and Foothills Conservancy http://www.altadenafoothills.org/

John Howell, Executive Director (626) 796-3004 Facebook: Arroyos & Foothills Conservancy

Projects to build trails and restore habitat in Rubio Canyon have received big boosts with grants from the Pasadena Audubon Society and REI.

The Pasadena Audubon Society generated \$4,713.72 in a fundraising campaign for trails in Rubio Canyon -- money that will go toward restoring the nearly five miles of trails in Rubio Canyon and opening those trails to the public. The Audubon grant will supplement a previous \$20,000 grant from Southern California Edison for the trail restoration project.

The Pasadena Audubon Society and Audubon California both made significant contributions to preserve Rubio Canyon, as well.

REI awarded its grant of \$5,000 on July 12 to enable AFC to set up and oversee a volunteer program to remove invasive plants along trails in Rubio Canyon. REI also co-hosted, with AFC, a volunteer day in the canyon in June.

If you're interested in helping with trail and habitat restoration in the canyon, goto: http://www.arroyosfoothills.org/volunteer/

Thanks to REI and Pasadena Audubon for their commitment to local land conservation!

VOLUNTEER GROUP NEWS

Audubon Center at Debs Park

http://www.ca.audubon.org/debs_park.php (323) 221-2255

FACEBOOK: AUDUBONDEBSPARK

- Sept 4th/11th/18th/25th Tai Chi
- Sept 3rd Family Nature Walk
- Sept 10th Art and Nature
- Sept 17th Solar system training

Call Wade Webb for more information at 888-786-9322 or email

wadesolarwebb@aol.com

• Sept 27th Old Time String Band Jam Session

Listen and dance to local area musicians strum Southern Appalachian style fiddle and banjo tunes. Bring your own instrument to join in on the fun!

Big Santa Anita Canyon

http://www.bigsantaanitacanyon.com/

• Sept 25th Adams Pack station concert

Part of our plan to make Chantry Flat a destination spot is to showcase local musicians. The mountain resorts of the "Great Hiking Era" often featured live music, and those of Big Santa Anita Canyon attracted visitors from throughout the San Gabriel Valley. Party goers would hike miles from the trailhead in Sierra Madre to fill the dance halls. We are reliving this tradition on the 3rd Sunday of every month, only without the miles of hiking...

Performances will be of the more intimate, acoustic variety; such as modern folk, singer/songwriter, cowboy, bluegrass etc. We will try to keep a large rotation of acts so that you might always hear something new. If you know how to play, bring up an instrument with the number of strings you like and we'll make room for you. We will always have plenty of food being served, so take the extra eight minutes to drive up the road for lunch, entertainment and fresh air. If you plan to hike, come early and lunch afterward - many have found it hard to leave!

Each concert day, our Dutch oven chef, Eric Woodyard, will be serving his famous **Pulled Pork Sandwiches**, and Monica

Woodyard will make her Vegetarian Italian Sausage Sandwiches. Food served 11:00 am - 5:00 pm. Ice cold beer is available to complete the package.

Blight Busters Trail Crew Danny Treadway

dayhiker86@yahoo.com

BEAR CANYON TRAIL CREW

Richard Nyerges

nyerges@sbcglobal.net

626-285-0962

Breaking for summer heat, see you all in the fall!

Boy Scouts of America Los Angeles Area Council

http://www.laac-hat.com/

Learn how to work on trails, take Trail boss Training!

• Sept 10th (Advanced Trail boss)

California Trail Users Coalition (CTUC) www.ctuc.info

• Sept 21st meeting Come and Join Us CTUC meets on the 3rd Wednesday of every month at 5:00 p.m. at 3550 Foothill Blvd., Glendale, CA.

Our meetings are open to everyone who wishes to participate. Volunteers have a great time working together on these types of projects. To volunteer on one of our projects, please join us by calling our Chairman, Terry Kaiser at 818-353-4682. You may also email: edwaldheim@aol.com

CITY OF GLENDALE

Parks, Recreation & Community Services Dept http://www.ci.glendale.ca.us/parks/default.asp

Jeff Weinstein jweinstein@ci.glendale.ca.us Trails and Open Space Specialist 818-548-2000

• Sept 17th Third Saturday Wilderness work day For information, call: Shirley Robertson at (818) 548-2188.



OWLS NEST OBSERVED BY HABITAT WORKS

Community Hiking Club

VOLUNTEER GROUP NEWS

communityhikingclub.org

661-259-2743 Facebook: Community Hiking Club Dianne Erskine Hellrigel email: zuliebear@aol.com

• Sept 3rd -Hike Big Santa Anita Canyon loop from Chantry Flats: It is 9.4 mile loop with a 2100' elevation gain, mostly shady, with several shallow stream crossings and a stop at 50 ft tall Sturtevant Falls. Bring lunch, snacks, lots of water and wear sturdy boots. Poles help if you have them. We will meet at the trailhead at 7:00 AM for best parking. Upon arrival, if the parking is full in all of the lots, you have to park along the side of the road down the hill from the first lot and hike up to the trailhead. A Forest Adv Pass must be displayed.

Hikers from Santa Clarita can opt to meet at Towsley Cyn in front of the entry gate at 6 AM to organize carpools. The leader will meet you at the trailhead at 7 AM. To get to the trailhead, take I-210 to Arcadia, exit on Santa Anita Ave and head north. Continue to the edge of the city, pass a sturdy gate (open 6AM to 10PM) and ascend along a curving asphalt rode to the road's end, Chantry Flat (apx 6 miles), where you pass the trailhead meeting place near a bathroom and enter the first parking lot. Leader: Nikki

• **Sept 10th-Backbone trail to Camp Josepho and Rustic Canyon.** This is a gorgeous hike with ocean views, gorgeous canyons, dense wooded areas and a mere 900 feet of gain. The trail is good for the most part, with a few difficult areas where you will need to walk in the stream bed. It is a 6 mile loop and will take about 3 hours. The hike is near Pacific Palisades.

Bring water, lunch, snacks, bug nets or spray (optional but helpful), poles (optional but helpful) Meet at Towsley Canyon park at 7:30 AM to carpool or at the trail head at 8:15 in the front parking lot of Will Rodgers State Park.

Trailhead: From the San Fernando Valley, take the 405 south to Sunset, turn right (toward the beach), and in 7 miles turn right into Will Rogers State Park. Drive to the end of the almost 1 mile long entrance road. The trail head is at the back of the front parking lot of Will Rogers State Park. The parking fee at the park is \$12 for the day (\$11 for seniors).Leader: Linda

• Sept 9th to Sept 11th Harwood Lodge-Extremely Limited. This is the annual wilderness round up. Very few spots are open for non-wilderness organizers. The lodge is normally \$40. Per night and you must have an invitation to use it. This weekend will cost you \$40. For Friday and Saturday night (total, not each night), PLUS the food is free. Dianne can only bring 5-10 people, depending upon how many reservations are left when you decide to go. There will be several hikes offered at all levels. You will get to meet the people responsible for the wilderness in our country, and be able to relax in this great, humble lodge. You will get a list of things to bring when you register. Ask Dianne how to register. We will carpool to the lodge. (Near Mt. Baldy).

• Sept 16th to Sept 18th -Camp with us at McGill Campground near Mt. Pinos

Description: The campground is composed of two loops. The larger loop is unnamed and is actually a series of three overlapping loops in a dense stand of Ponderosa and Jeffrey pines. While there is little understory in this loop, spacing between campsites provides a fair amount of privacy. The second loop, known as the Lower Loop, is on an open slope of a mountainside with most sites somewhat terraced. Some of these campsites have a view of the valley and surrounding mountains.

Amenities, Fees, and Rules: McGill Campground has 78 campsites, most of which are on a first-comefirst-served basis. Each campsite is limited to two vehicles and a maximum of eight people. There is a \$20.00 per night fee for each campsite and a \$8.00 per night fee for parking a second vehicle at each campsite. However, if you have a Golden Age or Golden Access Pass, you only have to pay half of that per night.

Directions: From Santa Clarita, take the I-5 north. Take the Frazier Park exit. Go west (left) on Frazier Mountain Park Road, 6.9 miles to an intersection. The name of the road changes to Cuddy Valley Road at this point. Continue straight on Cuddy Valley Road for 5.2 miles to a "Y" intersection. Bear left at the "Y" intersection, continuing on Cuddy Valley Road. At this point, the road name changes again, to Mt. Pinos Highway. McGill Campground is an additional 5 miles up the road. The entrance to the campground is on the north (right) side of the road. The entire mileage from I-5 to the entrance of the campground is 17.1 miles. Drive time from Santa Clarita is slightly more than an hour.

VOLUNTEER GROUP NEWS

Community Hiking Club (cont)

• Sept 16th to Sept 18th -Camp with us at McGill Campground near Mt. Pinos (cont)

The last mile marker that you will be able to see before you get to the entrance of the campground is 9.80. It appears that a couple of the markers were torn out of the ground by snowplows and one is covered by plants. The GPS coordinates of the entrance are 34° 48.757 N and 119° 06.200 W.

- Sept 16th McGill Trail- Mt Pinos/Frazier Park. Even if you're not camping with us, you can join us for this afternoon hike. We will be leaving from the trailhead located at McGill Campground. It is 7 miles round trip, with an approximate 1,300 ft. elevation change. The other trailhead is located on Mt. Pinos Highway, about 4½ miles before the entrance to the campground. Be sure to PASS this trail head, and continue on to the campground and meet us at THAT trailhead at 2:00 PM. Bring bug nets or spray, water, poles, snacks. Once you enter the campground, you will see the sign for the trail head.
- Sept 17th Mt. Pinos to Sawmill Mountain to Grouse Mountain to Mt. Abel. Mt. Pinos is 8,831 feet high. The Nordic hut is the last reachable parking area and is the beginning point for the 15 mile hike on Saturday. (You will need your Adventure Passes to park.) Meet us in the parking area near the trail head at 8:15 AM for an 8:30 AM departure. You will summit up to 4 peaks in one day if you complete this hike!! If you are only up for one or two or three summits, that is fine too. The choice is yours. This is about a 15 mile round trip hike with about a 1,800 ft. gain in altitude if you do the whole thing. This is a fantastic training hike, and will definitely tell you what kind of shape you are in! There are a lot of ups and downs on this trek, and it always seems that it is UP in both directions. We will not be done with the entire hike until about 5:00 PM, so be prepared with adequate food, hydration, electrolytes, bandaids, etc. Even if you are not camping with us, you are invited to participate in this hike! It is a beast!

Bring: your camera as the scenery is spectacular, lots and lots of water, lunch, lots of snacks, electrolytes, a whistle if you have it, poles, hat, layered clothing.

Directions from Santa Clarita: Take I-5 North to Frazier Park. Exit. Turn left. Follow this road until it ends at the Nordic Hut, making no turns along the way. (There will be 2 "Y" options...avoid them both and continue straight ahead). Plan on 1½ hours to get to the Nordic Hut. Bring your adventure pass to park in this lot! Adventure Day passes can be obtained at any ranger station, Sport Chalet and other sports store outlets in Santa Clarita. Day passes are \$5.00. If you want to buy an annual pass, it is \$30.00.

• Sept 17th -Frenchman's Flat Hike below Pyramid Dam. This trail follows beautiful Piru Creek through majestic canyons and chaparral with some of the most interesting geology around! Plan on getting wet! Keep this in mind when you choose your foot wear! Hiking water sandals are a good choice! This is fabulous habitat, and you may see deer, bobcat, raccoon, puma and bear, so bring your camera! There are native trout in this year-round creek, and this is one of the last native trout fisheries in the state. The hike is 8 miles RT, with little gain, but is considered moderate to difficult in spots due to river crossings and bouldering. Meet at Towsley at 7AM or the trail head at 7:25

Directions to the trail head: North I-5 to Templin Hwy. Exit. Turn left (back under the FWY) for approximately 500 Ft. Turn right on the Golden State Hwy (the only road there). Stay on this road for approximately 4 Miles until you see a white restraining gate at the end of the road. This is Frenchman Flats Campground. Park on the Road. You MUST display an Adventure Pass here or you will be cited by the Forest Service and given a ticket. Adventure Day passes can be obtained at any ranger station, Sport Chalet and other sports store outlets in Santa Clarita. Day passes are \$5.00. If you want to buy an annual pass, it is \$30.00. Leader: Richard

Community Hiking Club (cont)

• Sept 24th-Manzanita Trail Loop.

VOLUNTEER GROUP NEWS

This is a difficult trail with several steep climbs for the first 3.5 miles. It is about 12 miles with about 1500' gain. The views of the Santa Clarita Valley are spectacular, and if it is a clear day you will be able to see Catalina Island from the top. Once you are at the top of Manzanita Canyon, you will traverse Santa Clarita Canyons, visit the Wild land Fire station (Camp 9) for lunch, then descend into Walker Ranch and return to the Nature Center via the Canyon Trail. You will see Oak Woodlands, Riparian areas, desert scrub, beautiful views of the SCV and the SFV, and 3 Nike missile sites from the 1950s.

Bring: Camera, lunch, snacks, lots of water, electrolytes, poles, good shoes with lots of tread. If it is cold, dress in layers and bring a warmer jacket for the top.

Directions to Trail head: Take the SR-14 to the Placerita Canyon exit. If you're coming from Valencia, turn right on Placerita Canyon. Proceed about 2 miles until you see a wooden sign on the right that says "Placerita Natural Area". Turn into this driveway. Park near the building and look to the right of the drive for the wooden trail head sign. We will meet at this sign at 8:00 for an 8:15 departure.

Leader: Dianne

• **Sept 25th- Lost in the Mojave Desert** Ed Rosenthal almost died. He set out on an easy 4 mile hike in Joshua Tree National Park that he had done before. He had with him some survival gear-a whistle, matches, flares, and a space blanket....and about a pint of water.

He doesn't know what happened, but he missed a cut off, and got lost. His quick little hike turned into 6 miserable days wandering around in dry, beastly hot canyons. He wandered further into the desert, farther from rescue. His 4 mile walk turned into 25 miles in scorched canyons.

When he was finally found, he was so weak he couldn't walk, sit up, or even lean against a rock. Facing death, he wrote to his wife and daughter, wrote his will on his hat, and although not a religious man, he prayed. Today, he believes in miracles!

Come meet Ed Rosenthal, hear his story, and be amazed! Placerita Nature Center Classroom 9:00-10:00AM

Concerned Off-Road Bicyclists Association

(818) 773-3555

FACEBOOK: CORBA www.corbamtb.com

- Sept 3rd free mountain Biking Skills Clinic
- Sept 5th COSTAC Monthly meeting
- Sept 15th/16th Crest to Coast Trail Workshop

Learn about the proposed Crest to Coast Trail. Review results of public engagement process to date. Offer additional feedback on trail route, use, and amenities

- Sept 28th CORBA Members' Meeting
- Nov 13th Corba Fat Tire Fun See page 12

Haramokngna American Indian

Cultural Center www.haramokngna.org

Kat katcalls@aol.com

• Sept 17th Pukuu-Haramokngna Fundraiser Pancake Breakfast

We are open Sat & Sun from 10 -4, and by appointment for groups during the week. We now have an answering machine (if the electricity is working) at the Center – 663-449-8975.

We have resumed our land management practices - with our "culture club" - gathering the bounty of the mountains and using those materials for material culture. For more info on the culture club call Kat at (626) 449-8975

Friends of El Prieto Trail

bannermoffat@earthlink.net

Friends of Hahamongna

www.fohwp.org

• Sept 3rd Kids Club Ride

• Sept 11th Patriot Day

Go here to receive E-mail news about the park: http://www.fohwp.org/id18.html

HABITAT WORKS

Kim Clark or Tom Persons 818-353-4653 http://www.habitatwork.org/calendar.htm

Breaking for summer heat, see you all in the fall!

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High Country Riders

Forest wide equestrian volunteer group that patrols trails and can pack Trash, Rubbish, Equipment, Material and Supplies etc...to your Trail or worksite.

Contacts:

Jonathan Schultz a Forest Certified Animal Packer, Master Teacher for "LNT", Chainsaw & Crosscut Saw Certified Volunteer.

951-830-3400 maujds@earthlink.net

Glen Foster 760-868-8313 or 760-508-0344

Or **Dave Ewbanks** 909-489-5470

VOLUNTEER GROUP NEWS

JPL TRAILBUILDERS

http://www.jplhiking.org/

Kathie Reilly 818-354-8321 (JPL) 626-798-7256 (home)

Jack Russell 562-861-3187

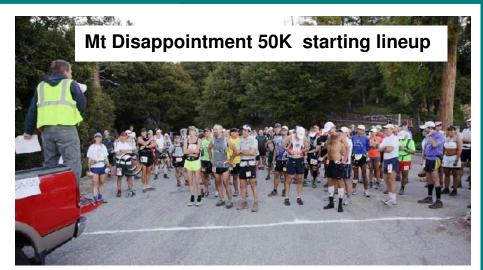
• Sept 10th outing

Mt Disappointment 50K Conservation Group

www.mtdisappointment50k.com

Gary Hilliard, Director gary@mtdisappointment50k.com

• Aug 13th THE RACE! Congratulations to the 93 runners that completed the race!



Mount Wilson Bicycling Association

http://mwba.org/

Ray Herrera ray@pmbc.org

• Nov 6th Get yer pancakes! 'Tis the season for pancakes. Join us for our triumphant return of the pancake breakfast to Henninger Flats

The Mount Wilson Bicycling Association was founded to be advocates of responsible trail use for mountain bikers in the San Gabriel Mountains. We are a part of Save the Trails, an umbrella group for trail advocacy in and around the San Gabriel Valley, and cooperate with CORBA, IMBA, Pasadena Mountain Bike Club, Mt Disappointment Endurance Run, and others.

Monrovia Canyon Park

http://www.cityofmonrovia.org/community-life/parks/342-monrovia-canyon-park Volunteering at Canyon Park

• Sept 21th Volunteer Meeting Have you always wanted to be a park ranger sharing your love of nature with others? Here is your chance to fulfill your dreams! Training will be provided to help you become a volunteer, who will foster an appreciation, understanding and respect for nature for those visitors who come to Monrovia Canyon Park. The benefit package included children's smiles and laughter, hikers who appreciate your clearing of trails, city folks whose facial expression relax and attitude change as they find a respite from the hurried world below.

Contact the Nature Center at 626-256-8282 for more information and an application.

Mount Wilson Institute

VOLUNTEER GROUP NEWS

http://www.mtwilson.edu/

P. O. Box 1909 Atlanta, Georgia 30301-1909 (404) 413-5484

FACEBOOK: The Cosmic Cafe at Mt. Wilson Observatory

The Observatory is open to public visitation daily from 10 am to 4 pm, April through November. Go to **http://www.mtwilson.edu/60in.php** to make early reservations for 60-inch telescope observing sessions for the 2011 season.

The Cosmic Cafe is open every Saturday and Sunday, and some holidays 10am-4pm

We Need Your Support - Mount Wilson Observatory is privately owned and receives no continuing state or federal support. You can help ensure the continued operation of this science heritage site with your tax deductible gift in one of three ways. Go to http://www.mtwilson.edu/Support.php to find out how you can help preserve and revitalize this world-class treasure of science and engineering.

Outward Bound Adventures

2020 Lincoln Ave. Pasadena, CA 91103

FACEBOOK: Outward Bound Adventures http://www.obainc.info/

Outward Bound Adventures has numerous opportunities for volunteers, both administrative and for outings. To inquire about opportunities, please e-mail us using the contact form at

http://www.obainc.info/Contact-Us.htm and hit the send button or call us at 626.564.0844.

- •Do you want to make the world a better place? Want to work with young people? Do you want to create opportunities for people in need? Want to work outdoors? Want to train the leaders of tomorrow?
- •We run programs throughout the year with a slow period during the months of November and December. We encourage those with a passion to serve our youth and community to call us for current openings. Outdoor experience is not required.

Pacific Crest Trail Association

FACEBOOK: Pacific Crest Trail Association http://www.pcta.org

contact: <u>info@pcta.org</u> PCTA

1331 Garden Highway

Sacramento, California 95833

• Sept 23rd-25th ALDHA-West Gathering 2011

Each fall, hikers from around the globe gather to celebrate the joys of long distance backpacking! ALDHA-West holds its annual Gathering in the fall at the end of the hiking season. Here, like minded individuals can get together to discuss the various trails, look at new gear and draw inspiration by viewing presentations of hikers' adventures.

• Sept 24th-25th Big Bend Trail Skills College

The Pacific Crest Trail Association and Bureau of Land Management's Cascade Siskiyou National Monument invite you to celebrate National Public Lands Day at the Big Bend Trail Skills College! This a free, two-day event open to anyone with the desire to learn more about how to care for their local trails. Beginners and experts alike can benefit from the Trail Skills College and all are welcome to attend.

Heat Exhaustion and Heat Stroke Prevention

Avoid heat exhaustion by not engaging in strenuous activity in hot, humid environments. People who are not used to the heat should be particularly careful. Intersperse periods of rest in a cool environment with plenty of available fluids to drink. Avoid strenuous activities during the hottest part of the day.

Heat stroke often occurs in infants, children, and adults who are unable to modify their environments: infants, the elderly, overweight, and bed-ridden people. People who are taking many types of blood pressure, allergy, or depression medication may also be particularly at risk and should avoid hot environments.

People in supervisory positions such as coaches, trainers, and lifeguards should be trained to specifically recognize signs of heat illness and what preventive measures to take.

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San Bernardino National

Forest Assoc. www.sbnfa.org

909-382-4802

General Information: smiggins@fs.fed.us

602 South Tippecanoe, San Bernardino, California 92408 Sarah Miggins, Executive Director (Discovery Center Office)

P.O. Box 66, Fawnskin, CA 92333

909-382-2796

Since 1993, we've worked to complement the mission of the US Forest Service. We develop new resources and partnerships that create new opportunities, particularly through the efforts of volunteers, for conservation, education, and recreation that have added value to the forest's role as public land.

For more calendar details go to:

http://www.nationalforestassociation.org/index.php?ev=2455778&mo=9&yr=2011

- Big Bear Youth Volunteer Meeting Sept 8th
- Canoe Tour Sept 1st/2nd/4th
- Campfire Sept 2nd/3rd
- Gold Panning Sept 3rd
- High Flying Rockets Sept 3rd
- Holcomb Valley Off-Road Tour Sept 3rd/4th/10th/11th/17th/18th
- Intro to Geocaching Sept 10th
- Junior Forest Ranger Sept 4th
- Kayak Tour Sept 3rd/4th
- Lake Arrowhead Youth Volunteer Meeting Sept 5th
- Map and Compass Sept 3rd
- Music in the Mountains Concert Series Sept 3rd
- Nature Crafts Sept 3rd/4th
- Naturalist Guided Hike Sept 3rd
- Nature Walks Sept 3rd/4th/10th/11th/17th/18th/24th/25th
- Naturalist Guided Hike Sept 3rd/4th
- Story Time Little Brother Moose by James Kasperson Sept 10th
- Story Time Pauly the Adventurous Pallid Bat by Heather Irbinskas Sept 24th
- Volunteer Workday Sept 4th
- Volunteer Workshop Sept 11th
- Wrightwood Fire Safe Council Sept 20th

SCENIC MT. LOWE RAILWAY

http://www.mtlowe.net

Brian Marcroft 562-868-8919 E-mail: Emworks@verizon.net

SAN GABRIEL TRAILBUILDERS

http://www.sgmtrailbuilders.org

http://www.crystallake.name

Helen Oakley: 626-792-4573

Ben White: 626-303-1078 | ben@SGMTrailbuilders.org

For this summer and fall 2011, we are continuing to work on the trails in the newly reopened Crystal Lake area.

We work on the first, third, and fifth Saturday of each month

NEW MEETING LOCATION: San Gabriel Canyon Gateway Center,

1950 North San Gabriel Canyon Road (Hwy 39), Azusa, CA 91702.

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VOLUNTEER GROUP NEWS

Sierra Club www.angeles.sierraclub.org/pasadena/

(626) 791-7660

Sierra Club-Pasadena Group

P.O. Box 94086

Pasadena, CA. 91109-4086

For more calendar details go to http://www.angeles.sierraclub.org/pasadena/outings_3mos.html#sep

• Sep 7th Wed Monthly Meeting: Actor and environmental activist Ed Begley Jr. will present "Live Simply, So That Others May Simply Live," an illustrated program on conservation, solar energy and clean air.Information on Group's hikes, outings, and conservation activities. Newcomers always welcome. 7 pm social hour, 7:30 pm program at Eaton Cyn Nature Ctr, 1750 N Altadena Dr in NE Pasadena.

For information contact Group Chair: ELIZABETH POMEROY

- •Sep 10th Environmentalists' Annual Rendezvous and Picnic
- •Sep 11th Beaudry Loop
- •Sep 17th Exploration Trail
- •Sep 22nd Henninger Flats Conditioning Hike:
- •Sep 24th Buckhorn to Waterman Mtn
- •Sep 28th Bears of the San Gabriels
- •Sep 29th Henninger Flats Conditioning Hike:

Tree People http://www.treepeople.org

12601 Mulholland Drive Beverly Hills, CA 90210 Telephone (818) 753-4600 Fax (818) 753-4635

FACEBOOK: Tree People For more calendar details go to:

http://www.treepeople.org/calendar/2011-09

Wednesday Hiking Club

• Sept 10th Outing

We're Korean-Americans, who love working in the National Forest. We work the 2nd Saturday of each month on maintaining the Sunset Ridge Trail, 12W18. If you would like to join us or have any questions, please contact Ted Kim at

William S Hart UHSD of Santa Clarita ANF Crew 5130

Kevin Sarkissian ksarkiss@hartdistrict.org 661.259.0033 X 525 www.hartrop.com/forestry

- Sept 9th A STAGED READING: "STEEL MAGNOLIAS"
- Sept 10th/11th/17th/18th/25th Santa Monica Mountain Restoration
- Sept 3rd/10th Angeles Mountain Restoration
- Sept 10th Community Orchard Care
- Sept 11th "SPARK OFF ROSE"
- Sept 12th Full Moon Hike
- Sept 15th Third Thursdays

Are you interested in learning about TreePeople's programs and volunteer opportunities? Want to connect with TreePeople staff and volunteers? Come to Third Thursdays at TreePeople, which takes place - well - every Third Thursday of every month at TreePeople!

- Sept 16th A STAGED READING: "AIRPLANE!"
- Sept 17th Volunteer Supervisor Training
- Sept 17th Park Planting
- Sept 21st/22nd/23rd Park Workday
- Sept 24th An Evening Under the Harvest Moon

Volunteers of the Angeles National Forest Wrightwood, CA

VOLUNTEER GROUP NEWS

http://www.grassyhollow.net grassyhollow@hotmail.com

Visitor Center Phone #: (626) 821-6737

Loren Lake lorenll@verizon.net

• Sept 3rd 7:30 PM Campfire Program, Miner Vincent

Join us for the 24th presentation of this campfire program and meet the "old man of the mountain," Miner Vincent, himself. Listen to him tell stories of the gold rush and the last of the local grizzlies. Limited parking. Use your Adventure Pass, park at Mountain High North, and carpool or hike in. Recommend flashlight and a jacket

Time: Approx. 2 hours Location: Table Mountain Campground Amphitheater

Leaders: Fred Hanrahan, John Cromshow, and Ellen Wilson with other Volunteers of the Angeles National Forest

• Sept 4th (Labor Day Weekend) 10:00 AM Miner Vincent's Cabin Hike

Hike to the actual cabin where old Miner Vincent lived.

Time/distance: Approx. 1 ½ hours. A one mile easy hike. **Location:** Vincent Gap parking lot

Leaders: Don & Marion Shotliff, Volunteers of the Angeles National Forest

VOLUNTEER ANNOUNCEMENTS

NEED A COPY OF THE NEWSLETTER?

Electronic copy of Newsletter at: http://www.mtlowe.net/VolunteerNews.htm

• NEED INVASIVE PLANT REMOVAL HELP!

We are in need of volunteers to help with our **2011 Invasive Plant Species Removal** project which began last week and continues every Sunday until October 30, 2011 (except on holiday weekends) between the hours of 8:30am to 3:00pm. See attached volunteer notice for complete information on how to sign up and participate safely and/or send your name and dates you are interested in participating to **friendsoftheangeles@gmail.com**.

• Nov 6th Get yer pancakes! Mount Wilson Bicycling Association fundraiser

Tis the season for pancakes. Join us for our triumphant return of the pancake breakfast to Henninger Flats

•Nov 13th Corba Fat Tire Fun(d)raiser

This year we will be returning to Malibu Creek State Park with a slightly different format than in years past. We're still working out the details, but you can be sure that there will be great rides and some great prizes given away. We will be toning down the festival atmosphere and concentrating on what we love to do most—ride! We're also hoping to have a full complement of some of the hottest bikes available for testing by some of the industry's best manufacturers.

•Oct 8th Bridge to Nowhere Adventure

Lets hike to the Bridge to Nowhere and maybe we can get somewhere. We will be meeting at the East Fork Ranger Station parking lot @ 7:30am.

nyerges@sbcglobal.net

626-285-0962

• NEED TRAIL WORK HELP!

The Arroyos and Foothills Conservancy ("AFC") recently completed its purchase of 38 acres of undeveloped land at the mouth of Rubio Canyon. One of its first projects is the restoration of the historic trails that run through the property, which connect Rubio Canyon directly to Inspiration Point via the Lone Tree Trail. Paul Ayers is directing the restoration for the AFC, beginning with the Camp Huntington Trail and the Lone Tree Trail via the old Edison jeep road. Paul is looking for volunteer to assist the project with "pick, shovel and rake work" under the guidance of experienced volunteer trail builders for about four hours the first Saturday morning of each month. Rain cancels. Tools will be provided.

Paul's contact information is: averspaul@sbcglobal.net 818-378-3217.

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•NEED TREE CARE HELP!

Reminder that our forest recovery program "ForestAid: Angeles", in partnership with TreePeople, is now a tree care and maintenance effort and volunteers are need Saturdays and Sundays from June to October between the hours of 10:00am to 1:00pm. If you are interested in participating visit: www.forestaid.net to sign up.

VOLUNTEER ANNOUNCEMENTS

•WHO ARE YOU?

Suzanne Avila the volunteer coordinator would like each volunteer group to pick a month and write a cover sheet about their group in the newsletter. Phone 626-574-5224. email savila@fs.fed.us

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IN THE LOS ANGELES TIMES

START LONG LEGAL FIGHT

Pasadena Seeks to Condemn Resort Property **City Moves to Enlarge Water Supply Dispute Involves Closing of Arroyo Seco**

By a "Times" Staff Correspondent

PASADENA, Jan 8.—Closing of the mouth of the Arroyo Seco, thereby virtually exterminating all the popular mountain resorts in that section, and making hundreds of cabin sites useless, as proposed by the city of Pasadena, will be bitterly fought by land owners in that section, it was announced today, when the first of a number of condemnations were filed in Superior Court.

Such camps as Teddy's Outpost, Switzer-land, Camp Oak Wylde, and Colby's Ranch would be entirely cut off from the outside world if steps taken by the city are sustained, it is said. Hundreds and hundreds of camp owners who flock to the Arroyo weekends, will not be permitted to cross city lands if such lands are acquired by condemnation, it is said.

The action is being taken by Pasadena water department in an effort to protect the city's water supply. Bonds totaling \$200,000 were voted in 1922 for the purchase of these lands.

Principal property-owners who have been named defendants in the condemnation proceedings include William D. Gould, Frank Clemans, William Easterbrook, C.C. Cooper, Horrace M dobbin, and approximately 200 smaller property owners.

Lands now sought by Pasadena Constitutes the watershed for the reservoir at Devil's Gate dam. Sanitary engineers have declared that the maintenance of camps in this watershed endangers the sanitation of the water that is to be used for domestic purposes, city officials have announced. Pasadena's legal department faces a difficult task, it is said, in finding and serving papers on all the 200 property-owners, in the the Arroyo eco. Due to the storm of protest which has met the city's action, litigation will in all probability be a long drawn-out procedure, requiring several months to complete.

FLASH FORWARD: What became of the Arroyo Seco cabins?

According to the Arroyo Seco Foundation (http://www.arroyoseco.org/history.shtml):

In the early years of the last century, outdoor-lovers built cabins in the mountain stretches of the Arroyo Seco and its side canyons like Fern Canyon and Brown Canyon. There were as many as 180 of these cabins. The Pasadena Water Department, which bought one thousand acres in the upper watershed of the Arroyo Seco, forced the cabin dwellers to move out in the early 1940s due to water quality concerns. The cabins were eventually removed, although you can still find foundations and remnants of the cabins today.

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What is Periwinkle / Vinca major?

Vinca minor is a perennial, evergreen herb that matures at about 6" tall and stems that continue to elongate each year to many yards in length. It exhibits a trailing mat, prostrate mat or mounding mat growth habit and has a medium growth rate. Its leaves are evergreen, elliptic and dark green above with a subtle white mid-vein. The flowers are predominantly blue-purple, originate from the leaf axils, composed of five fused pinwheel-like petals and a short tubular throat. They bloom in late March and April and sporadically throughout the growing season.

Why is it a Problem?

Their ability to resprout from stem fragments enables periwinkle to spread rapidly in shady creeks and drainages, smothering the native plant community.

Once established, Vinca minor forms a dense carpet to the exclusion of other plants. This creates a problem where it is competing with native flora. Dry or cold weather may temporarily set growth back, but it quickly resprouts and regains lost ground coverage. It grows most vigorously in moist soil with only partial sun, but it can grow in the deepest shade and even in poor soil.

Where did it come from?

Vinca minor is a native from southern Switzerland southward around much of the Mediterranean basin, from Portugal to Turkey, and across much of north Africa. It has been introduced in the United States as a medicinal herb and as an ornamental ground cover.

How does it spread?

This aggressive grower, Vinca minor can spread with great rapidity by means of its trailing stems that root wherever they touch the soil.

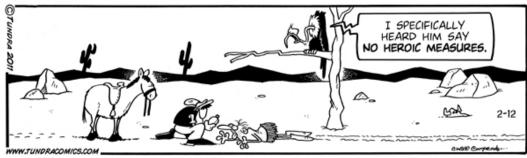
Where does it have a foothold in the Angeles Forest?

At Orchards camp on the Mt. Wilson Trail and near the cabin ruins in the Arroyo Seco.

The cabins have been gone for 60 years, but the ornamental ground cover survives and invades!

Los Angeles River Ranger District 12371 North Little Tujunga Canyon Road San Fernando, CA 91342

TUNDRA by Chad Carpenter Los Angeles Times Feb 12, 2011 email: info@tundracomics.com



Volunteer Today

Send this in Right Away to

Gerald Reponen —12371 N. Little Tujunga Canyon Rd

San Fernando, CA 91342

Name_____Address

Phone # (hm)_____e-mail

Interests

Indicate what you would like to do. Circle area or enter your interests.

Campground Host/ Visitor Information/ Smokey Bear - Fire Prevention/
Recreation Aid / Forest Patrol /Resource Management / Computers/
Research-Librarian / Office Clerical / Tour guide/ Fire Lookout/
Conservation Education / habitat restoration and tree planting
Other:

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