VOLUNTEER TODAY

Dedicate Yourself to Caring for the Land and Serving the People https://www.fs.usda.gov/main/angeles/workingtogether/volunteering

Angeles National Forest and San Gabriel Mountains National Monument Volunteer Newsletter July 2017

Trail Maintenance in Chaparral Forests A Guide for Volunteers Chapter 2 Part 3 Alan Coles

Stumping

Almost all trail maintenance projects will require the occasional removal of stumps that are too close to the trail. This is a hard job that requires swinging a Pulaski (axe/mattock). Trail crews are very fortunate if they have one or more individuals who are skilled at this task and they are always busy. Some knowledge about the plants can be useful in setting priorities.

Most resprouters don't need to be stumped. They can usually be pruned back into trees, especially oaks and some varieties of Ceanothus. Examine the root ball size and look for the dead skeleton. If the plant requires an enormous amount of work to remove, then it is probably wiser to prune it into a tree.

Stumping a dense growth of many stringy Ceanothus plants takes too much time. It may be necessary to take out the ones closest to the trail that are tripping hazards but most of the others can be pruned to the base. Most of these will die when the canopy recovers and they are shaded out.

Some plants, such as chamise, produce many small branches that often intrude into the trail corridor and are hard to maintain. Thorny plants such as the Whitethorn variety of Ceanothus usually requires a lot of work to prune. Hikers are often forced to walk around them breaking the edge of the trail. These are the types of plants that might be prioritized for stumping. Invasive non-native species such as Spanish Broom or Tamarisk can also be prioritized.

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Electronic copy of Newsletter at: http://www.mtlowe.co/VolunteerNews.htm

We are all inventors, each sailing out on a voyage of discovery, guided each by a private chart, of which there is no duplicate. The world is all gates, all opportunities.

Trail Maintenance in Chaparral Forests (cont)

Riparian Areas

One of the greatest responsibilities of the trail builder is to ensure the protection of the natural environment. Good trails keep people on a defined path limiting the damage to sensitive habitats. This is especially true in riparian areas where many endangered plants and animals live. Amphibians have been dying off at alarming rates. The mountain yellow-legged frog was once an abundant creature in the San Gabriel Mountains but now is only found in a few isolated locations. When habitats become threatened by overuse, trail closure may be required.

The first priority is to be sure that the trail is in the correct location and not relocated by rogue trail builders. Most trails were built out of the riparian zone and stream crossings are few. When streams go dry in late summer, some hikers may hike up the streambed intentionally or unintentionally rather than on the correct trail. It is important to make the trail clearly visible from the other side. The crossing should be at a location where there are rocks to step on although equestrian and bicycle use will usually require a softer approach. Keep in mind that many varieties of toads live in the sandy areas next to a stream.

Neglected Trails

When brush intrudes into the trail corridor from the uphill side, trail users often break the tread on the downhill side resulting in a trail realignment. Neglected trails are often characterized by an uneven tread with many small up and down segments that are seldom aligned.

Restoring a neglected trail requires a careful survey to determine the original tread location. Brush and fallen trees need to be cleared. Once the route is visually clear, the tread can then be aligned. Sometimes trail crews miss these signs and inadvertently reinforce the misalignment. Discussion with experienced trail crew members and a thorough inspection of the various segments can help.



A compound action lopper is the best tool for clearing overgrown brush on a neglected trail. Once the plant is trimmed to the base, the original tread is revealed.

(TO BE CONTINUED IN AUGUST 2017)

MEMORIAL TRIBUTE TO HAROLD (HAL) LEE WINTON

MEMORIAL TRIBUTE TO HAROLD (HAL) LEE WINTON JEFFREY VAIL, FOREST SUPERVISOR, ANGELES NATIONAL FOREST JUNE 28, 2017

Good morning. I am Jeff Vail, Forest Supervisor for the Angeles National Forest. On behalf of the United States Forest Service, I extend my condolences and deepest sympathies to Hal's family and loved ones.

It is an honor to be here today, to express to you the Forest's deep appreciation for Hal's enormous contributions to the Forest that we cherish. As George Washington Carver once said, "when you do the common things in life in an uncommon way, you will command the attention of the world." For a volunteer working in the national forests, there is no fame or fortune to be had. A volunteer's reward is the knowledge that you have given back to the forest, to the land, to the people who enjoy it. It is the camaraderie and friendships built with other volunteers and agency employees that fuels their commitment.

Hal's contributions to the Angeles National Forest were uncommon. They were exceptional. And they commanded attention, respect, and deep admiration. Hal's contributions as a volunteer include over 30,000 volunteer hours over three decades, countless miles of trails cleared and maintained, dogged leadership supporting the Angeles Crest 100 for thirty years, and service as a Forest Service Certified Chainsaw Trial Boss, teaching skills and imparting wisdom to other volunteers and Forest Service staff. Hal's reputation as a demanding teacher and taskmaster, as someone who expected the best out of everyone, are a testament to his faith in the abilities of his fellow man and woman. He wanted nothing but the best for the people around him and the lands he devoted so much of his later years to care for.

I am grateful I had the good fortune to get to know Hal the last two years. I knew that he loved the forest, was committed to making it a great place for all to enjoy, and worked tirelessly to make it so. I recall how I felt after talking to him, and will long remember his intense eyes and warm smile. I knew I didn't want to fail him. I was in the presence of someone special.

Employees and volunteers on the Angeles who have known Hal much longer, who have worked side by side along the trail, have shared with me how much Hal's passion for life and dedication to a job well done have left a lasting impression on them. Hal instilled in them the invaluable lesson that life is not for getting, but for giving, that we get out of life what we put into it.

Martin Luther King observed that everyone has the capacity for greatness, not for fame, but greatness, because greatness is determined by service.⁸

Hal was an uncommon man. A great man. His service to the greater good lives on in our hearts. In the canyons and foothills, along the trails and throughout the Angeles National Forest, Hal's presence endures. We will remember Hal fondly in the quiet of the high country, and we will smile in gratitude, for a life well lived.

Date: May 25, 1941 Page F6 Today's Hike By: Will H. Thrall

Sturtevant's Camp, near the head of Big Santa Anita Canyon, with a little stream tumbling through, is one of the oldest and in its surroundings and approach probably the most beautiful of the trail resorts of the San Gabriels.

The resort was started in the spring of 1898 by that famous old mountaineer, William Sturtevant. The original main building which combined office, store, dining room and kitchen is still standing, as is also a cabin of squared logs, built in 1903 for a ranger station and still the property of the Forest Service, which has been used for many years as a recreation room and library.

TRAIL NEAR STREAM

The original trail, completed to this point in 1897, was built around the mountainside through a beautiful spruce forest, keeping high above the stream in Big Santa Anita until Sturtevant's was reached. The new trail, built 15 years later, follows this beautiful stream with its cascades and waterfalls most of the way. At no place will you travel the same trail twice and the variety of beautiful scenery has few equals in Southern California.

Drive up Santa Anita Ave., Arcadia, to the end of the double drive and continue on the mountain extension to Chantry Flat picnic ground at the end of the road. Hike the trail below the parking area, reaching the stream at Winter Creek Junction, and go on up Big Santa Anita Canyon passing Fern Lodge, two miles to Sturtevant's Camp, 2.2 miles. **WATER PLENTIFUL**

Returning find a trail crossing the stream just above the buildings and turn back along the mountainside, through dense spruce forest and over the ridge to Hoegee's Camp on Winter Creek, 2.7 miles. Just above Hoegee's cross the stream and take the high trail, again in spruce forest, back to Chantry Flat, 2.5 miles.

The round trip is 9.5 miles Plenty of water except between Sturtevant's and Hoegee's. With a fire permit obtained before starting or from the ranger station at the head of Santa Anita Ave., you may cook your dinner in any of several improved campgrounds between Fern Lodge and Sturtevant's.

Blast Flash Forward!

History of Sturtevant Camp:

During the "Great Hiking Era" (1880's through the early 1930's) 5 trail resorts were built in the Big Santa Anita canyon. Sturtevant Camp was the most popular and is now the last remaining resort. Built in 1893 by Wilbur M. Sturtevant, this camp ground is situated alongside a stream that runs year-round and is 4 miles from the trailhead.

The Ranger Station was built in 1903 by Louis Newcomb, one of the original 'mountain men' of the San Gabriels, along with other rangers known as the San Gabriel Timberland Reserve. These cabins were built in various locations and temporarily housed rangers on multi-day patrols.

The Swiss Dining Pavillion was built in 1897. Other amenities were added during that time including tent flats, croquet and tennis courts, hammocks and a metal box was placed in the center of the stream to keep food cool.

During the 1920's, masquerade parties and dances took place in the evenings.

Wilbur M. Sturtevant died on September 8, 1910 in Sawtelle (Los Angeles County) California.

The camp has operated under several owners until 1945 when the California-Pacific Annual Conference of the United Methodist Church purchased it. The church has made many improvements to Sturtevant's over the years, while maintaining its historic integrity and rustic charm.

Reservations had been declining and, especially after the Station Fire in late 2009, the church seriously considered selling the camp. Not wanting the camp to change hands, Friends of the San Gabriels rallied the troops to save Sturtevant's Camp from the uncertainty of new ownership.

If you would like to make a reservation or donate to help save Sturtevant Camp, please visit: www.friendsofthesangabriels.org

To learn more about Sturtevant Camp, please visit: http://adamspackstation.com/sturtevant/

Watch a video about Sturtevant Camp at: <u>https://www.youtube.com/watch?v=Jfzuy8qLvyk</u>

Fund Raiser



On Saturday, July 8, 2017, Music in the Mountains favorite, Jim Curry, returns with a Tribute to the Music of John Denver, with special debuting guest, Taylor Made, the James Taylor Tribute Band. It's a night to pay tribute to the most iconic 70's music legends who raised our environmental awareness and commitment to take better care of our planet; an homage to and celebration of the mission of the Southern California Mountains Foundation.

FOR MORE INFORMATION GOTO: https://www.eventbrite.com/e/jim-curry-tribute-to-the-music-of-john-denver-wspecial-guest-taylor-made-tickets-32832565086



On Saturday, July 22, 2017, two iconic 70's classic rock tribute bands debut at Music in the Mountains, China Grove (formerly Doobies Inc.), Tribute to Doobie Brothers, with special guest, Turn the Page, Ultimate Tribute to Bob Seger and the Silver Bullet Band at the Big Bear Discovery Center Amphitheater. Don't miss this total dance party celebrating Detroit/heartland rock 'n' roll!!

FOR MORE INFORMATION GOTO:

https://www.eventbrite.com/e/china-grove-tribute-to-doobie-brothers-wspecial-guest-turn-the-page-tickets-32832606209



On Saturday, August 5, 2017, returning favorite DSB, Next Best Thing to Journey, performs at the Big Bear Discovery Center Amphitheater, with special debuting guest, Live From Earth, Tribute to Pat Benatar. It's a night of classic 80's rock featuring two of the most authentic 'next best thing' bands delivering the energy and sound of their iconic legends in their prime.

FOR MORE INFORMATION GOTO:

https://www.eventbrite.com/e/dsb-next-best-thing-to-journey-wspecial-guest-live-from-earth-tickets-32832636299

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Fund Raiser



SUNDAY AFTERNOON CONCERTS IN THE DOME

July 9 Performances at 3pm and 5pm Post-concert reception with the artists



Cécilia Tsan, Cello



Ben Powell, Violin

-Haendel-Halvorsen -Gliere -Kodaly

The acoustics of the telescope dome make this an extraordinary place for chamber music.

TICKETS \$50

All proceeds go to the support of Mount Wilson Institute. For information and to reserve seating, go to:

mtwilson.edu/concerts

for inquiries, email concerts@mtwilson.edu

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WHAT IS GOING ON?

LARRD Volunteer Meeting July 19th, 2017 7:00 p.m. 701 N Santa Anita Ave. Arcadia, CA 91006

Volunteer Fun

2017 Live Music Events

http://adamspackstation.com/season/2017/ Join Us & These Artists for an Afternoon of Great Music

07/02/2017 12:00-05:00 Grit

07/09/2017 12:00-01:00 Ted Russell Kamp 01:00-02:00 Terry Okey's Cactus jam 02:00-03:00 Shand Walton 03:00-04:00 Miguel Bowwer 04:00-05:00 Mark Christian

07/16/2017 12:00-01:30 Genevieve La Court & Blind Embers 01:45-03:15 Still Moving Project 03:30-05:00 Echo Mountain String Band

07/23/2017

12:00-01:30 Tim Tedrow 01:45-03:15 Wild Mountain Mystics 03:30-05:00 Vin Fiz Flyer 05:30-06:00 Joe and His Uke 07/30/2017 12:00-01:30 Open 01:45-03:15 Tom Renaud 03:30-05:00 Open

08/06/2017 12:00-04:00 Grit 04:15-05:45 Ukelele Orchestra of the Western Hemisphere

08/13/2017 12:00-01:00 Eve Beguiles 01:00-02:30 Terry Okey's Cactus Jam 03:00-04:00 Pi Jacobs 04:00-05:00 John Ramey 05:00-06:00 Gerry Gomez

08/20/2017 12:00-01:30 Tj Sullivan 01:45-03:15 Tim Tedrow 03:30-05:00 Wild Mountain Mystics

VOLUNTEER TRAINING



THE CITY OF GLENDALE **Community Services & Parks Department**

Earth, Wind, and Fire

(Campfire Program)

WHEN:

Sat., July 22, 2017 6:30 p.m. - 8:30 p.m.

WHERE:

Deukmejian Wilderness Park 3429 Markridge Rd Glendale, CA 91214

Food (s'mores) and drinks (water and lemonade) will be served

Crafts start at 6:30 p.m. at the Barn

Campfire Program begins at 7:00 p.m.

P8

Our first Campfire of this year will focus on three of the Classical Elements (earth, wind,



and fire). Join us as we talk about the impacts of Earthquakes, Santa Ana Winds, and Wildfires on our region. These topics are always in the news, but what do you really know?

Arrive at 6:30 to make a craft or join us at 7:00 for the campfire. We will put a smile on your face while you learn, sing, enjoy some skits, and bite into a s'more. This event is FREE!!! But you must call us at (818) 548-3795 to let us know you are attending.





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Para información en español, llame a (818) 548-2000



REASONABLE ACCOMMODATIONS WILL BE MADE UPON REQUEST. PLEASE NOTIFY US WITHIN 72 HRS PRIOR TO EVENT DATE.

Trail Skills College

Tahoe Trail Skills College

You're invited to the annual Tahoe Trail Skills College near Truckee! This a free weekend event for local volunteers to learn about trail maintenance and stewardship. Beginners and experts alike can benefit from Trail Skills College courses like <u>Working with Packers & Packstock</u>, <u>Waterbars & Checks</u>, and <u>Drainage Design & Drain Dips</u>.

Trail Skills College is offered free of charge in an effort to inspire citizen stewardship of trails. In exchange for attending the training, we encourage you to volunteer at least 16 hours of work on trail projects in the coming year.

The 2017 Tahoe Trail Skills College is possible thanks to the U.S. Forest Service, California Alpine Club, and Hydro Flask.

Where is it? Near Truckee, California

Are meals and lodging provided? Car/tent camping will be available at no cost to all participants on Friday and Saturday. Meals will also be provided at no cost starting with breakfast on Saturday and ending with lunch on Sunday.

What's the fitness level of Trail Skills College? The fitness level will vary depending on the classes you select during registration. However, all participants should be prepared to hike a minimum of 1-2 miles while carrying personal gear and tools. Participants should also be prepared for the hands on learning opportunities in many of these classes, resulting in 6-8 hours of active trail maintenance per day.

What classes are being offered? Most classes at this Trail Skills College will last two days (Saturday-Sunday) in order to provide enough time for projects in the field. The only one-day class is <u>306 Working with</u> Packers & Packstock. Students in this class are encouraged to stay for dinner and camp Saturday evening, then depart Sunday after breakfast. There will not be a follow-up class on Sunday. We are not able to add students from Saturday's 306 class to any of the two-day classes on Sunday.

Here are the class options:

Saturday only: <u>306 Working with Packers & Packstock</u> (brand new course!) Saturday-Sunday: <u>100 Intro to Trail Maintenance</u> – Intro to Scouting & Adopting <u>201 Drainage Design & Drain Dips</u> – <u>203 Waterbars & Checks</u> <u>203 Waterbars & Checks</u> Crosscut Saw Certification

How do I register?

Register here for <u>100, 201, 203, or 306</u>. Register here for <u>Crosscut Saw Certification</u>.

Can't wait?

Don't forget, you can learn new trail maintenance skills by volunteering on a PCTA trail crew any time. Most crews do not require any previous trail maintenance experience. Knowledgeable and experienced crew leaders are on site to teach you the necessary skills. Visit the <u>online project schedule</u> to find trail projects near you. If you have questions about Trail Skills College, contact the Volunteer Programs Assistant at 916-285-1838 or <u>volunteer@pcta.org</u>.



THE CITY OF GLENDALE

Community Services & Parks Department

Experimental Forest Workday (International Joke Day)

WHEN:

Sat. July 1, 2017

9:00 a.m. - Noon

The fire gate will close at 9:15 a.m., so please be prompt

Gates will reopen at 12:00 p.m. (Conclusion of the event)

WHERE:

Meet at La Tuna/Hostetter Fire Road intersection in the Crescenta Valley, where La Tuna Canyon Road crosses the 210 Freeway

WHAT:

Snacks and drinks will be provided

Wear sturdy shoes and protective clothing, bring water, sun screen, gloves and a hat

You Must R.S.V.P. Call (818) 548-3795 This is not a joke!!! To celebrate "International Joke Day" we are hosting a trip up into the Experimental Forest in the Verdugo Mountains and we have provided you with Tree Jokes.

- 1. How do trees access the Internet? They log on.
- 2. Do you want a brief explanation of an acorn? In a nutshell, it's an oak tree.
- 3. What is ever tree's least favorite month? SepTIMMMMMBERRRR!!







We will spend three hours in the Forest including the travel time. Work will include watering of the trees, and weeding around the established plants. Our trip will be up the undeveloped Hostetter Fire Road into the mountains. This road requires high clearance vehicles. There are no bathroom facilities available.

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THE CITY OF GLENDALE

Community Services & Parks Department

July Riverwalk Workday (on the Glendale Narrows Riverwalk)

+ WHEN:

Sat. July 8, 2017 8:00 a.m. - Noon

+ WHERE:

Glendale Narrows Riverwalk 300 Paula Ave. Glendale, CA 91201 (corner of Paula Ave & Garden St)

WANT MORE

Call us at (818) 548-3795

Everyone must sign a waiver prior to working. Minors must provide a waiver signed by a parent or guardian. Join our July workday as we weed and maintain the landscaped areas along the L.A. River in the City of Glendale.





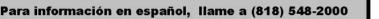
Participants are asked to wear sturdy shoes, protective clothing, long pants, hat and sun protection. We will provide the tools, gloves, drinks and snacks, but if possible bring, gloves, water bottle and hand clippers. Families, individuals, groups, clubs, and students needing service hours are encouraged to attend.







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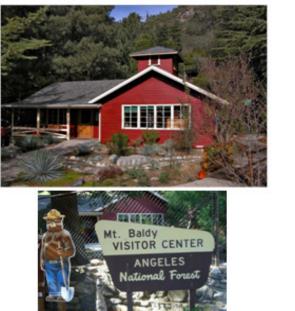
VOLUNTEERS WANTED!

- Do you love the forest?
- Do you love to teach children?

If so, here is a great volunteer opportunity!!!

The San Gabriel Mountains Heritage Association (SGMHA) is seeking volunteer educators for our school-based field trip program. This established program serves schools throughout the San Gabriel Valley at facilities at the Mt. Baldy Visitor Center and the San Gabriel Canyon F nvironmental F ducation Center. Volunteer educators are trained to teach various hands-on programs for school classes that range

from K - 12 and include subjects such as Native American studies, Geology, California Gold Rush, Plant ID, Water Ecology, Local History, Environmental Conservation, and the forest's flora and fauna.







Prior teaching experience is not required. Volunteer commitment is flexible but we are looking for volunteers who are willing to learn the program and participate throughout the school year.

Volunteer and make a difference for our children and for our forest!!

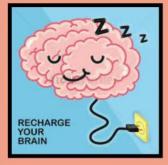
lf interested please contact: Dave Baumgartner Program Manager 909 982-2879 or 626 241-6407 email: info@sgmha.org



THE CITY OF GLENDALE Community Services & Parks Department

Brain Recharge Wilderness Workday

It is time for a little Summer vacation to let our brains recharge for the rest of 2017.



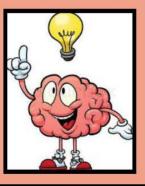
But, we will still need you to join us (even when our brains are resting).



Come to the Workday as we remove invasive weeds in the

park, hand water trees, and do some park maintenance projects.

The tasks are perfect for all ages and abilities. We invite individuals, families, scout troops, corporations, church groups, and students to participate for the morning.



WHEN:

Sat. July 15, 2017 8:00 a.m. - Noon

♦ WHERE:

Deukmejian Wilderness Park

3429 Markridge Rd Glendale, Ca 91214

• WHAT:

Snacks and drinks will be provided

Wear sturdy shoes, a hat, and protective clothing

Bring your water bottle, sun screen, and gloves

♦ MORE: Call (818) 548-3795

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AC100 NEEDS VOLUNTEERS

If you are involved in mountain trail endurance running, you know it takes a small army of volunteers to put on a "point to point" 100 mile endurance run. We need:

1) help at several late wilderness aid stations:

- Idlehour Checkpoint at 83 miles,
- Sam Merrill Checkpoint at 89 miles
- Millard Checkpoint at 95 miles into the race.
- 2) help staffing our kitchen at the Finish Line at Loma Alta Park in Altadena.
- **3) medical volunteers as part of the new AC100 Medical Team, i.e.** Paramedics, Nurse, EMTs, First Aid. Everyone that volunteers with the AC100 Medical Team will be covered by professional medical liability insurance.
- 4) help trail marking
- 5) help trail sweeping (preferably with HAM radio).
- **6) experienced trail maintenance people** that can lead large AC100 Trail Maintenance teams on the weekends

If you are available on August 5/6, 2017 (Sat/Sun), Goto: <u>http://www.ac100.com/raceVol.asp</u> and fill out the brief questionnaire. Any help will be appreciated.

VOLUNTEERS AT WORK



Sierra Club Trail Crew removing logs from the Waterman trail.

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Photo by Alan Coles



Sierra Club Trail Crew installing wilderness signs on the Waterman Trail

Photo by Alan Coles



Troop 125 from Arcadia assisted the San Gabriel Mountains Trail Builders Saturday June 17 above Crystal Lake on Lost Ridge Trail. Troop 125 has joined in trail work with the SGMTB a number of times and each time the enthusiastic scouts and their adult leaders get a lot accomplished. The scouts are not only eager to get to work on the trail, they also listenattentively at the safety meeting prior to work commencing, and understand the day's activities that lay ahead. Most importantly they recognize the importance of team work and communicate with one another which helps in preventing accidents and injuries. Saturday's accomplishments included 1 ½ miles of tread work in steep terrain at 6000 feet, brushing ceanothus and removing 4 dead oaks. At the end of the day, Steve Anderson, a longtime member, speaks to the group about something pertaining to nature. The subject might be native plants, conifers, or geology but it's always rewarding to know that these scouts are leaving us with more than they came with. Thanks Troop 125, hope to see you with us again soon!

Bob Ballard

Photo by Bob Ballard



The Rattlesnakes are out

Photo by Robin McGuire

Robin McGuire getting the Best Smokey Bear Hug ever!!

Photo by Mike McGuire



Volunteers Tom Dwyer and Patty Dwyer maintaining the first aid station during California Trails Day..

Photo by Robin McGuire



Alan Coles and Dave surveying the trail to Tom Lucas Campground

Photo by Brenda Beck r





Dave, Lauren, Alan, and Brenda surveying the amount of work needed at Tom Lucas Campground. Using camera with a timer, the four are next to a visible grill post station fire.

Photo by Brenda Beck

Lauren removing graffiti from the Dawn Mine Trail.

Photo by Brenda Beck

Lauren working steps for the Dawn Mine Trail.

Photo by Brenda Beck

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Restoration Legacy Crew NEEDS HELP! removing graffiti from the Dawn Mine Trail. Check out the Crew on page 29 of this newsletter

Photo by Brenda Beck



On June 24, 2017 at around 10:30 am, our group of 11 riders came across a PCT hiker laying on the ground in the desert with no shade, where the PCT crosses Kelso Valley Road in Jawbone/Mojave. Apparently, the hiker suffered from heat exhaustion and stomach disorder. His 2 fellow hikers were helpless since there's no service for at least 30 miles.

Water wasn't an issue; there were like over a dozen of 5 gal jug of water at the trailhead. At that moment the temperature was about 104F. There are no trees or shade which makes it a dire situation.

We had a satellite phone and immediately called 911 for help, however we realized that we won't see anyone coming for at least 30 minutes. Instead, we asked the sick hiker if he's fit to ride in the van that we use as a chase vehicle. Didn't take him long to decide since he wants to get out of the sun. We took him to Kernville for medical treatment and left him there.

Hope nothing serious and wishing him a quick recovery so he could continue his trek.

Photo by Joel Paez



RECOGNIZE AND TREAT DEHYDRATION



A lot of times people won't recognize dehydration in themselves. It takes a friend pointing it out and saying, "Hey, you ok? Let's sit in the shade for awhile."

RECOGNIZING DEHYDRATION: These few things will help you recognize that you are dehydrated and hopefully you can get hydrated before you are in need of assistance:

- **Increased thirst.** If you feel like taking a drink of water, then take a drink of water. Your body is trying to tell you, "Hey, I'm dehydrated. Help!"
- **Reduced urine output.** You should be drinking several liters of water throughout the day and that means you should be peeing. If I start a hike at 7 am and I haven't peed by 2 pm, then I start to worry about how much water I have drinken in the day.
- **Dizziness, weakness or fainting.** This one is hard to recognize in yourself because most people just attribute the fatigue to hiking, but if you're fumbling over easy steps you're probably dehydrated.
- **Irritability.** You could be hiking with the sweetest, most kind person in the world, but once they are pretty dehydrated they turn into the Incredible Hulk. When I recognize this in myself or in others I know they are really behind on how much water they've been needing to intake.
- **Pounding or racing heart.** This is your body struggling to keep itself maintained and you're getting pretty seriously dehydrated.
- **Inability to sweat** Sweat is your bodies natural reaction to heat. If you haven't taken in enough water for your body to sweat then you need to stop what you're doing and find shade.
- The color of urine can indicate dehydration. This one is kind of subjective. You should learn what color your urine is when you are regularly hydrated and gauge it off of that. The more yellow the urine, the more dehydrated you are.

So those are most of the symptoms of dehydration, but understand that they show differently in people and they are subjective on which ones you will see.

Use those as a rule of thumb and start to understand yourself and those you regularly spend time with.

RECOGNIZE AND TREAT DEHYDRATION

TREATING DEHYDRATION

Untreated severe dehydration can cause seizures, brain damage or even be fatal.

Most mild dehydration issues can simply be treated by drinking more water or fluids.

Moderate cases may result in a visit to the emergency department where a patient may need to be given fluids intravenously.

The foremost treatment for dehydration is prevention. Anticipate the need for increased fluid intake.

- Plan ahead and take extra water to all outdoor events and work where increased sweating, activity, and heat stress will increase fluid losses. Encourage athletes and outdoor workers to replace fluids at a rate that equals the loss.
- Avoid exercise and exposure during high heat index days. Listen to weather forecasts for high heat stress days, and plan events that must occur outside during times when temperatures are cooler.
- Ensure that older people and infants and children have adequate drinking water or fluids available and assist them as necessary. Make sure that any incapacitated or impaired person is encouraged to drink and provided with adequate fluids.
- Avoid alcohol consumption, especially when it is very warm, because alcohol increases water loss and impairs your ability to sense early signs associated with dehydration.
- Wear light-colored and loose-fitting clothing if you must be outdoors when it is hot outside. Carry a personal fan or mister to cool yourself.
- Break up your exposure to hot temperatures. Find air-conditioned or shady areas and allow yourself to cool between exposures. Taking someone into a cooled area for even a couple of hours each day will help prevent the cumulative effects of high heat exposure.

Most of us would never leave our homes and offices without our wallets, cell phones and sunglasses. Add bottled water to that list, at least during the hot summer, it'll help keep you cool, hydrated and hopefully out of the emergency department."

A WORD FROM CHRIS FABBRO

Hello Angeles (aka Next Door Neighbors)--it has been a month since I started at Tejon Ranch Conservancy. I'd like to show you around the place, all 270,000 acres. Ready for a daylong tour of Conservancy highlights? Summertime is great in the High Country, high above the heat. If you're free July 19, we will tour from 8-4. Please RSVP to me at cfabbro@tejonconservancy.org by 7/7 and I can give you the details. Space is very limited and there will be other tours later this summer. Meanwhile, here are a couple shots of the new home turf. Happy





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AC100

VOLUNTEER GROUP NEWS

http://www.ac100.com/

Volunteers Needed (Check out the Volunteers Needed Page)

- For Schedules details go to : <u>http://www.ac100.com/#trailTraining</u> Contact Gary at: e-mail at <u>garyh@mtdisappointment50k.com</u>
- July 22nd, 7:AM (Saturday) Trail Work Again restricted to the 1st 30 who RSVP to Gary Meet at at 7 AM Hahmongna Park – Ball Diamond Trail Work Location Location, Silver Moccasin Trail, Shortcut Saddle to West Fork C.G.

ADVenture Riders Moto Trail Crew

Joel Paez <u>basecamp4adv@gmail.com</u>

We are a group of adventure-minded enthusiasts on dual sport and adventure bikes who love to promote the exploration of places where the pavement ends as well as travelling on back-roads as the alternate route. We also enjoy meeting people, making new friends, promoting public land stewardship and sharing experiences.

For your convenience, use this forum as your platform for adventure.

Enjoy the ride and see you back in camp.

ANGELES NATIONAL FOREST FIRE LOOKOUT ASSOCIATION

http://www.anffla.org Pam Morey pammorey@fs.fed.us Forest Care Program Coordinator 909-744-9510 ext. 125

- BECOME A FIRE LOOKOUT! (CHECK OUT THE VOLUNTEER TRAINING SECTION.) For more information about becoming a fire lookout: pammorey@fs.fed.us or 909-744-9510 ext. 125
- Help support ANFFLA every time you shop! Register your Ralphs Club Card and your Food4Less card and ANFFLA will receive a donation every time you shop. It's an easy to help support our efforts and costs you nothing!

Angeles Mountain Bike Patrol

m.rmcguire@hotmail.com

Our mission is to provide educational and a responsible image to all trail users. To encourage rider's to obey forest regulations and working to preserve and protect trails. A.M.B.P is here to serve and inform the public

Arroyos and Foothills Conservancy

http://www.arroyosfoothills.org/

John Howell, (626) 796-0782 <u>johnrhowell@earthlink.net</u> For more calendar details go to <u>http://www.arroyosfoothills.org/event-calendar/</u>

- July 2nd Rosemount Preserve Open Gate
- July 8th Rosemount Preserve Restoration Day
- July 16th Rosemount Preserve Open Gate
- July 22nd Rosemont Preserve tour Geology of the Preserve featuring Hans Hoek

P 22 vol. 7 Issue 16 The Bear Canyon Trail Crew will be taking the summer of to enjoy the Angeles Forest . Will be back to work on October!

Thank you Alan Coles

Big Santa Anita Canyon

http://www.bigsantaanitacanyon.com/

- Check out the music at Adams Pack Station (Check out the Volunteer Fun Page)
- Open Year round, 6 am to 8 pm every day.
- The road is gated and the gate is locked at night. Be sure to return to your car before 7:30 pm or you may not get out! During and after heavy rains, fires, or after significant earthquakes, and during fire alerts the road may be closed.
- The Sierra Madre Police Dept. is in charge of locking/unlocking the gate. If you are concerned that the road might be closed you can call them for info: 626 355-1414.
- Adams Pack Station Contact: Friday, Saturday & Sunday 8:00 am 5:00 pm (626) 447-7356

Blight Busters Trail Crew Danny Treadway <u>dayhiker86@yahoo.com</u>

Boy Scouts of America Greater Los Angeles Area Council (GLAAC) http://glaac-hat.org

California Trail Users Coalition (CTUC) <u>http://www.ctuc.info/ctuc/</u>

Events Calendar: http://www.ctuc.info/ctuc/index.php/ctuc-calendar

• July 19th CTUC National Forest Association Angeles Meeting Come and Join Us CTUC meets at 6:00 p.m. at 3550 Foothill Blvd., Glendale, CA. Our meetings are open to everyone who wishes to participate. Volunteers have a great time working together on these types of projects

CITY OF GLENDALE

Parks, Recreation & Community Services Dept (818) 548-3795

CALENDAR: http://www.glendaleca.gov/residents/calendar/-curm-07/-cury-2017

- July 1st Experimental Forest Workday (Check the Volunteer Needed pages)
- July 8th Riverwalk Workday (Check the Volunteers Needed pages)
- July 15th Brain Recharge Wilderness Workday (Third Saturday Wilderness Workday) (Check the Volunteers Needed pages)
- July 22nd Trail Maintenance Workday (Check the Volunteer Training pages)

Community Hiking Club

VOLUNTEER GROUP NEWS

http://communityhikingclub.org/ Dianne Erskine Hellrigel email: <u>zuliebear@aol.com</u> phone: 661-259-2743

• July 1st - ONE OF OUR BEST HIKES! - Fish Canyon to Piano Box Canyon

Distance: ~ 8 Miles total (out and back) **Gain:** ~ 500' **Hiking Time:** ~ 4 hours **Rating:** Moderate (uphill at end, returning to car)

Description: This is an amazingly beautiful area containing 37 types of endangered species. It is prime yellow-legged frog and Arroyo Toad Habitat. Bring your camera. Not only is the area beautiful, but you might see some of the endangered species along the way. Please stay on the trails here, and watch where you step during river crossings. The hike starts on an abandoned asphalt road, moves onto a dirt road at the north end of Castaic lake and follows Fish Canyon. The only major hill is the asphalt road coming back up to the cars. The trail is fairly level the rest of the way. The trail through Fish Canyon is interspersed with portions of the old cement road from the 1930s. Then we split off the main trail for the trail to Piano Box Canyon, a beautiful single track wooded trail. We will snack and rest in Piano box and have ample time to enjoy the canyon walls of reddish/orange rock (see above) before returning.

Carpooling from Santa Clarita: We will meet at the outside gate of Towsley Canyon (24255 The Old Rd, Newhall, CA 91321) at 7:15AM for a 7:30AM SHARP departure to the trail head (see directions below). We will be carpooling to the trailhead above Castaic on I-5, about 30 minutes away. Please be respectful of your driver's support by contributing something at the end of your carpool to help defray the cost of gas. Or, meet your leader at the Trail Head -

Directions to Trail head from SCV and SFV areas: Take the I-5 Freeway North from Santa Clarita. About 6 miles north of Lake Hughes/Castaic, exit at Templin Highway. TURN RIGHT at bottom of ramp. Follow this curvy road, straight through a 4 way stop sign (i.e. do not turn off it), about 10 mins max, all the way until Templin Highway ends at a set of white K rail barrier/ gate. Park along the road here, leaving nothing showing in your vehicle.

Meet your Leader: At the white K rails at the Templin Highway trail head at 8:00AM for an 8:15AM SHARP departure.

Bring: Snack/Lunch, lots of water (2 - 3 liters including electrolytes), snacks, camera.

Wear: Layered clothing, hat, sunscreen, shoes with good tread, preferably water-proof. Wear long pants in case there is poison oak or ticks about. There are several water crossings we may encounter, that may still have water flowing in them. We suggest you wear boots or athletic shoes that can get wet and bring a change of shoes/socks in your car for the return trip home.

Adventure Pass: Not required.

Dogs: OK, but must be kept on a leash and well behaved around other dogs/ people with poles. **Leader:** Dianne

• July 8th - Chantry Flat/ Sturtevant Falls, looping back via Hogee's Camp to Adam's Mule Packing station.

Hike Length: 8.4 Miles with 700 feet elevation gain.

Rating: Moderate

DROP OFF Disclaimer: This trail has a few narrow areas with drop offs. These are sound (solid rock) and perfectly adequate for most. However, if you are not able to avoid looking down and freaking yourself out, you might want to give this hike a miss.

Description: The trail starts at Chantry Flat on a paved road, then becomes a single track trail past Roberts' camp and then to Sturdevant Falls. After a rest we will hike back to Roberts' camp and follow another hiking road back looping back via Hogee's camp to approach Chantry Flat from above, completing a loop. The hike is well shaded and usually has water flowing year round. There is lots of greenery and rustic charm.

PARKING: NOTE, this trailhead is very popular, parking can be difficult, that is why we strongly recommend you carpool with us from Santa Clarita.

By far the most difficult thing with this very popular hike is finding a place to park. The parking lot opens at 6AM and is usually full with locals by 7AM, for this reason, we have to leave SCV early. On weekends, cars can be parked up to a half mile down the approach road to the lot. If you are not able to park in the main lot for free, you will have to park along this approach road. In that case, you will need an Adventure Pass on display, if you want to avoid a ticket.

Directions to Trailhead: Take 210 Fwy East from SCV. On the 210 Fwy in Arcadia, heading East, take the Santa Anita Ave. exit. Turn left (North) on to Santa Anita Ave and drive 6 miles until the road deadends in Chantry Flat parking lot.

Directions to Santa Clarita Valley (Towsley Canyon) Carpooling spot: From the north (Valencia), take the I-5 South to the Calgrove exit off ramp. Exit, turn right. Go through the signal and immediately turn right into the driveway for Towsley Canyon but park OUTSIDE the gate. Look for club members and leader here.

From the South (Fwy 5/14 interchange), take the I-5 North over the hill into Santa Clarita Valley. First off ramp is the Calgrove exit. At bottom of ramp, turn left. Go under the freeway and through the signal, then when you see the parked cars at Towsley canyon, immediately turn right and park OUTSIDE the gate. Look for club members and leader here.

Carpool: Meet at the Towsley Canyon front parking lot at 6:00AM. Carpool arrangements will be made at that time and we will leave at 6:15AM SHARP. Please be respectful of your driver's support by contributing something at the end of your carpool to help defray the cost of gas.

If meeting your Leader at the Trailhead: The group will meet at the lower trailhead entrance (as you enter the parking lot, beside the Restrooms). We plan to leave this spot at 07:15AM SHARP or as soon as the Towsley carpool members arrive.

Adventure Pass: Required if you park outside the parking lot (which may end up being the case). We recommend you get one good for a year at Big 5 Sporting Goods or any Ranger Station (\$30) or \$5/ day.

Bring: A snack/lunch, water (3 liters is recommended), and electrolytes (i.e. Gatorade) if it is a hot day, sunscreen, hat, hiking poles if you have them, and your camera. Wear an extra light layer (as we are starting early), you can always leave it in the car, and good boots with tread. There is water / trees, so, just in case, I'd bring a bug facenet (~\$3 - 4 at Walmart) and busgspray.

Bring some money, if you want to enjoy a cold beer, a hot dog, or homemade chili at Adams Pack Station (above, established 1936) at the end of the hike. If we are lucky they will have their famous pulled pork sandwich.

Leader: Steve i.

NOTE: LIMITED GROUP SIZE; RSVP closes 2 days before (due to special carpool arrangements)!! • July 15th - GREAT VIEWS, lots of greenery and solitude –

Five Deer trail from Artesian Springs Camp to Martindale Ridge Road

Distance: 10 Miles RT (out and back)

Gain: 1200' Approx. Hiking Time: 4.5 hours

Rating: Moderate ++ (for distance and several very steep hills, later in the hike, poles will help a lot)

Description: This hike is one of my personal favorites - a beautiful hike, 100% single track - so close to suburbia but still miles away. We start at 3800' (2600' above Santa Clarita and 10 degrees cooler) with a view of the Bouquet Reservoir, Jupiter and Grass Mountains, Mt. McDill and the Sierra Pelona. We hope to catch some breezes and big views as we hike East in the Angeles National Forest.

NEW IMPROVED ROUTE !! - LONGER VIEWS FROM THE RIDGELINE For those of you who have been out with me on this trail before, I am trying a slightly different route that is a lollipop style hike, rather than an out and back. The main advantage of this is we get to do most of our climbing earlier in the hike. The bonus is we get to see more trail variety and more time hiking along the ridgeline to look down on the Sierra Pelona way below. We'll see if you like this route better?

After a 30 minute drive from Santa Clarita, up a curvaceous Bouquet Canyon, we kick the adrenaline up a notch by going off-road driving 2 miles on a dirt forest road to start our hike at Artesian Springs camp. This is a fun trip just in itself!!

As we hike along a little used mountainbike trail, we pass through old growth chaparral and periodically dip into shady canyon doglegs. Along the way, we hope to enjoy wildflowers, birds, and views across Bouquet reservoir to Jupiter Mountain.

We will still stop for snack/lunch at our favorite climbeable shady oak tree and enjoy an expansive panoramic view of Mt. McDill, the Sierra Pelona, with Vasquez Rocks / Agua Dulce in the distance, as you look South East (see photo below). If it is a cool clear day, we should be able to see all the way East to Palmdale and North to the Tehachapi Valley and its windmills.

Meet your Leader to Carpool to the trailhead:!!!! DO NOT GO TO TOWSLEY!! Meet in the Santa Clarita Best Buy parking lot (26531 Bouquet Canyon Road), the one with the Trader Joes, at 6:30AM for a 6:45AM SHARP departure.

Directions from the 5 FWY East to the Best Buy Carpool spot: From the I-5 Freeway, heading North toward Castaic, exit at Newhall Ranch Road (Route 126). Head up an off ramp and then turn East (right) along Newhall Ranch Road, toward Valencia. Go 4.4 miles on the Newhall Ranch to the intersection with Bouquet Canyon. Turn left at this light and left again at the next light into the Best Buy parking lot (26531 Bouquet Canyon Road). Meet the group in front of the Best Buy store entrance to organize carpools.

Carpooling from Bouquet Canyon Best Buy to trailhead: NOTE: Unless you have driven there with us before, I do not recommend driving all the way to the trailhead on your own. Meet us at Best Buy in Valencia, if you can. If you are driving from Lancaster, meet at the gate for forest road 6N08 on Bouquet Canyon Road, just South of Spunky Canyon Road.

The carpool will drive 20 miles up Bouquet Canyon to the Forest road 6N08 gate. Here we may need to consolidate the shuttle further before we go off-road, driving 2 miles East from Bouquet Canyon, along 6N08. It is a fairly rough road, so we will need several high clearance vehicles (i.e. SUV/ pick ups), but not necessarily 4WD - no problem with a Subaru. We need enough of this vehicle type otherwise everyone is going to have to get "very friendly" for 2 miles. If you have a "weekend vehicle" and can help contribute to this special carpool, please let me know (by messaging) ahead of time, so I can ensure we have enough space.

Please be respectful of your driver's support by contributing something at the end of your carpool to help defray the cost of gas - THX.

Five Deer trail from Artesian Springs Camp to Martindale Ridge Road (cont)

Heading down the trail: I expect to be heading down the trail at 8:15AM latest.

We should be back at Artesian Springs campground by about 1:30PM and Best Buy by ~ 2:00PM.

Dogs: OK, must be on a leash and well behaved around other dogs and people with hiking poles. If you bring a dog, please plan to drive yourself in your SUV. Remember this is a lot of narrow single-track, if your dog likes to do donuts, you may need to be in the back!

Adventure Pass: Yes (just in case) 1/car. These can be obtained at any BIG 5 Sport-ing Goods store or ranger station; \$5 for a day pass, \$30 for a year pass.

BRING: Hiking Poles, lunch/snacks, at least 3L of water and some electrolytes, camera, hat and sunscreen. Wear long pants, hiking shoes/boots with good tread - No flip-flops! Check forecast and bring an extra layer (windbreaker) if it looks cooler. Bug Net is strongly advised for several shadier parts with megafly populations. I have limited extras - \$5, if you do not have one. I will try to tramp the grass down as best I can in the grassy spots where this can be an issue (top photo above).

Leader: Steve I.

• July 22nd - BEAT THE HEAT - 1) Mount Pinos or 2) go on to Sawmill Mountain from Mount Pinos - An Easy Hike or a Moderate Hike , your choice?

Distance: 4 miles or 7 miles, out and back.

Gain: About 500' in first 4 miles and another 600' if doing the full hike

Rated: Easy+ if doing the first 4 miles only; or Moderate for full 7 mile hike

Time: About 4 hours, including a 20 minute lunch break.

Description: Listen to the swush of the wind as it gently caresses the huge pines teasing out their fragrance. This 4 mile or 7 mile hike takes in 1 or 2 summits (Mount Pinos and then Sawmill Mountain). The nice thing is that you can make it an "Easy" or "Moderate" hike. The hike is an "out and back", regardless of which one you chose and is well marked, so you can turn around after the "Easy" (2+2 mile) hike or whenever you like after that. You just need to coordinate with your carpoolers

Beginning hikers can summit Mt. Pinos, enjoy the views, and fresh mountain air before heading back down to the parking lot at their own pace.

Moderate hikers should be easily able to complete both summits (3.5 + 3.5 miles).

First, we summit Mt. Pinos (8831 ft.) from the Trail head (8340 ft.) for an "Easy" 4 mile Round Trip hike, made a little more difficult due to the altitude. Then, if you continue with us down some switchbacks and up some others you arrive at Sawmill Mountain (8818 ft). This will add another 3 miles RT and another 600 ft of gain to give you 7 mile total distance and 1100 ft total gain for a nice "Moderate" hike.

Mount Pinos is the highest point in Ventura County and lies on the edge of the Chumash Wilderness of the Los Padres National Forest. Mount Pinos, created over 100 million years ago was known as Iwihinmu to the indigenous Chumash people. The slopes are a mix of sub-alpine, white fir, and Jeffry Pine habitats. The views from Mount Pinos are beautiful, including the patchwork quilt of agriculture in the San Joaquin Valley to the north, the Tehachapis to the east, and the Carrizo Plain and Temblor Mountains to the northwest.

Bring: Poles if you have them, lunch/ snacks, bug spray and bug net, 2-3 liters of water/ 1 liter electrolytes, sunscreen, lip balm. The views are spectacular, so bring your camera. Adventure Pass: Required ,when parking at the Mt. Pinos Trail head (These can be obtained at any BIG 5 Sporting Goods store or Ranger station; \$5 for a day pass, \$30 for a year pass).

BEAT THE HEAT (cont)

Trailhead Directions (from Santa Clarita Valley): Allow 1 1/4 hours to get to trailhead from Santa Clarita. Take the I-5 North ~ 40 miles to the Frazier Park off ramp. Exit, turn left under highway. Go West on the Frazier Park Road for about 12 miles passing Lockhart Valley Road (on the left) until you see signs for Mt. Pinos. Stay to the left at the fork and follow the road as it twists and turns 9 miles up the mountain to the Nordic Hut parking area at the very top. Park on the left side, by the Mt Pinos trailhead, and look for us there.

Carpooling: If you wish to carpool - meet at Towsley Canyon at 6.30AM to check in for a 6.45AM SHARP departure. Please be respectful of your driver's support by contributing something at the end of your carpool to help defray the cost of gas - THX.

Those intending to do only Mt. Pinos are encouraged to carpool with other "Easy" hikers, or drive alone to avoid waiting for the rest of a carpool.

Meet your leader: At the Mt Pinos parking lot trail head at 8:00 AM; we will depart up the trail to Mt Pinos at 8:15 AM SHARP (or when SCV carpoolers. who have checked in. get there).

Leader: Steve i

• July 29th - (Bandido Country) Hike from the Chilao Campground area to Mt. Hillyer and the Silver Mocassin Trail

Distance: 8 miles, Round trip - Lollipop style loop hike

Gain: ~ 1000'

Rating: Moderate +

Description: We will start the hike at the Chilao Visitor Center parking lot. We start by joining the Silver Moccasin Trail surrounded by a pine and cedar forest. At the Horse Flats fork we turn left passing the Horse Flats campground. The well traveled trail climbs a gentle slope with just a few switchbacks to the top of Mt. Hillyer. A century ago this was bandido country (the notorious Tiburcio Vasquez and his gang of horse thieves utilized Chilao and Horse Flats when they were not hanging out at Vasquez rocks, near Acton). The great boulders we will pass served as a fortress for the bandits and today these same boulders serve as a great location for rock climbers and make for some amazing photos.

More about the bandido and his Chilao connection:

http://www.explorehistoricalif.com/bandito2.html

From the round top of Mt. Hillyer, we will be rewarded with nice views that I am sure the bandits used to their advantage. We will follow the ridge line NE across an area that was hit by the Station fire but is now recovering. At the end of the ridge is Rosenita Saddle/ trailhead. Here we turn right on a paved road and follow it to the turn off into the Bandido group campsite. At the back of the campsite we will hook-up with the Silver Moccasin Trail again but this time turning right and heading back to the Chilao Visitor center.

Carpooling from Santa Clarita Valley: Meet at Towsley Canyon in the front parking lot at 6:30AM for a 6:45AM SHARP departure, arrangements for carpooling will be made here. Please be respectful of your driver's support by contributing something at the end of your carpool to help defray the cost of gas.

Directions to trail head: From the 210 FRWY exit at Angeles Crest Highway 2 North. Follow the Angeles Crest Highway towards the mountains for 27 miles (est). Make a left turn at the Chilao Visitor Center, it is just pass the parking location for Devils Canyon trail head. Park in the Visitor's center lot. Meet your Leader: At the Chilao Visitor's Center ~ 7:45AM, We will depart up the trail at 8:00AM SHARP.

Bring: Lots of water (2-3L), some Electrolytes like Gatorade, a hat, sunscreen, a snack and hiking poles if you have them. Good shoes with tread are a must - no flip flops or tennis shoes please.

Adventure Pass: Yes, 1/car. Available at Acton or any other Ranger Station, the Little Tujunga Ranger station, REI Northridge, Big 5 Sporting Goods (\$5 a day/ \$30 a year).

Dogs: OK, if on a leash and well-behaved with other dogs / people carrying poles. If you bring your dog, please drive yourself.

Leader: Steve i



A group of long-timer volunteers gathering for a group photo.

Photo by Robin McGuire

VOLUNTEER GROUP NEWS

Concerned Off-Road Bicyclists Association (CORBA) PHONE: (818) 773-3555 FACE BOOK: http://www.facebook.com/CORBAMTB http://corbamtb.com/

For schedule goto: http://corbamtb.com/Calendar/index.shtml

Concerned Off-Road Bicyclists Association was founded in 1987 to serve the mountain bicycling community of Los Angeles and surrounding areas including southern Ventura County. CORBA is a 501(c)(3) non-profit organization committed to gaining and maintaining public trail access for mountain cyclists and the public atlarge. CORBA encourages and promotes the safe and environmentally responsible use of unpaved roads and trails for bicycling and to educate the public about all aspects of off-road cycling and trails.

HABITAT WORKS

http://www.habitatwork.org Kim Clark or Tom Persons 818-353-4653 For more information call or e-mail to: wildlife@habitatwork.org

Haramokngna American Indian Cultural Center http://www.haramokngna.org/ (626) 449-8975.

• **Our Center is open seasonally**, from Spring-Fall. Our normal hours are Saturday and Sunday, 10:00am-4:00pm. We are also available weekdays by appointment. Visitor Center hours may vary due to volunteer staffing. Please contact us by phone or email to confirm availability. <u>contact@haramokngna.org</u>

• Volunteers As a cultural, environmental and arts organization, Haramokngna American Indian Cultural Center shares the flavor of Native American history, culture, traditions and arts with the Los Angeles community. We are always looking for energetic individuals ready to represent the Cultural Center during special events and regular office hours If you are interested, please call us at 626-449-8975.

Or email us at lorosco@haramokngna.org

VOLUNTEER GROUP NEWS

High Country Riders

Forest wide equestrian volunteer group that packs Equipment, Material and Supplies etc. to your Trail or worksite. Packs Trash & Rubbish out of the Forest.

Contacts: Jonathan Schultz phone: 951-830-3400 e-mail: schultzelectric@earthlink.net

- Forest Certified Animal Packer
 Master Teacher for "LNT"
 - Master Teacher for "LN
 Chainsaw "B" faller
- "C" Crosscut Saw Certifier 0
- **Contacts: Glen Foster** phone: 760-949-3497 or 760-508-0344
 - Certified Packer e-mail: pjgwfoster@aol.com

JPL TRAILBUILDERS

Kathie Reilly 626-379-8429

Jack Russell 562-861-3187

(Rain day before or day of outing cancels the outing)

• July 15th Outing

WHAT'S PLANNED Gary Hilliard of Mt Disappointment 50K race has asked us to make sure the North and South San Gabriel Peak Trails are in good order for his race July 8th, so May 20 and June 24 we will work those trails. The North trail should be in pretty good shape, but we haven't worked the South since March 2014..

BRING: Dayhike gear(daypack, lunch, lots of water), sun screen, bug repellant, hat, and work gloves. Please make sure you wear long sleeves, long pants and boots in order to be able to use tools. You can bring your own tools or are welcome to use those from our group supply. We provide hard hats.

MEET: At 8:15 am at ball diamonds parking lot in the lower part of Hahamongna Park. Get off the 210 freeway at Berkshire off-ramp and follow the signs for JPL and Hahamongna Park. Once you turn into the Park, go down the driveway, make a right at the bottom and look for us in the parking lot. (If that is full, we park in the dirt lot directly at the bottom of the driveway) We sign in and form carpools, leaving at 8:30 sharp, returning around 4 PM. The leaders take passengers, but make sure you have plenty of gas in case we need more drivers (riders can give drivers \$1 towards gas).

If you need to leave early, notify the leaders at sign-in time.

Mt. Disappointment Endurance

www.mtdisappointment50k.com

Gary Hilliard, Director

• July 8th Race! Results will be in the August Newsletter!

Mount Wilson Institute <u>http://www.mtwilson.edu/</u>

P. O. Box 1909, Atlanta, Georgia 30301-1909 (404) 413-5484

- Cosmic Cafe is now open, so come enjoy friendly smiles and a bite to eat!
- July 9th Sunday Afternoon Concerts in the Dome (Check the Fund Raiser pages)

We Need Your Help - Mount Wilson Observatory is privately owned and receives no continuing state or federal support. You can help ensure the continued operation of this science heritage.

- Join our Friends of Mount Wilson Observatory organization to receive a variety of member benefits and stay informed on the latest scientific and other activities from the mountain.
- **Contribute** to our Second Century Campaign. As Mount Wilson continues into its second century, a capital campaign is being developed to preserve this great observatory for future generations.

Mount Wilson Bicycling Association

VOLUNTEER GROUP NEWS

http://mwba.org/

Contact: Matt Lay matt@mwba.org

• July 16th Outing

• Sept 16th Come run the Inaugural Mt. Wilson Observatory 5K! A run around the mountaintop, starting at the 100-inch telescope and ending at the top of the Mount Wilson Trail. Have fun and help us raise funds to improve the Observatory grounds. Afterwards, there will be awards, food and live music For more information: https://www.mtwilson.edu/5k/

Our mission has changed very little over the years. MWBA still advocates responsible trail use in the San Gabriel Mountains and we still work on trails that need maintenance due to use, weather and age. If you are interested in giving back to the community by working on a trail and meeting cool mountain bikers, come on out and join us! <u>http://mwba.org/join/</u>

Mount Wilson Race

http://www.mountwilsontrailrace.com/HOME.html Pete Siberell Chair, Mt. Wilson Trail Race

• Planning for the May 2018 race

Pacific Crest Trail Association

http://www.pcta.org

FACE BOOK: http://www.facebook.com/#!/PCTAFan Liz Bergeron LBERGERON@PCTA.ORG Sacramento, CA Phone: (916) 285-1846 x 26

• July 21st to 23rd Tahoe Skills college in Truckee, California (Check the Trail Skills College page)

• Southern California Trail Skills college

Sign up now for this annual Trail Gorillas trail maintenance weekend. Join for a day, the weekend, or whatever works for your schedule. Volunteers will be brushing and working on tread repairs Thursday-Sunday. The exact work location is still to be determined.

Contact Don Line at <u>donline41@gmail.com</u>. Let Don know if you'll be camping and what meals you'd like to join.

Restoration Legacy Crew

Brenda Beck at: e-mail <u>brenda.beck@sbcglobal.net</u>

phone: (626) 574-8204

We are LARRD volunteer trail builders. We work Tuesdays, Fridays and some Sundays. Current Project: Dawn Mine Trail

San Gabriel Mountain Trail Builders

http://www.sgmtrailbuilders.org

The San Gabriel Mountains Trailbuilders (SGMTB) is an all-volunteer public service organization dedicated to constructing and maintaining hiking trails in the San Gabriel Mountains' Angeles National Forest in Southern California.

If you would like to volunteer your time, Call: Ben White: 626-303-1078 Or E-Mail: benw@SGMTrailbuilders.org

If you would like to work with the Mount Baldy Group Contact The Baldy Group: <u>bbtbs.ysh@live.com</u>

SCENIC MT. LOWE RAILWAY

VOLUNTEER GROUP NEWS

http://www.mtlowe.net/

FACEBOOK: www.facebook.com/mountlowevolunteers/?fref=ts

Brian Marcroft 562-868-8919

E-mail: <u>Emworks@verizon.net</u>

Our mission is to preserve the remnants (structures, trails, artifacts) of the Mount Lowe Railway in the Angeles National Forest. We work under the authority of the Angeles National Forest along with a cadre of many other volunteers who help with various projects to protect the Forest.

Sierra Club

1750 North Altadena Drive, Pasadena, CA 91107 213-387-4287

For more calendar details go to www.angeles.sierraclub.org/pasadena/

- Moonlight Hike to Mt Lowe from Eaton Saddle July 4th
- Summer Benefit Night at Canoe House, July 5th
- Mile-high Birding and Botany July 8th

SOUTHERN CALIFORNIA MOUNTAINS FOUNDATION

http://mountainsfoundation.org/

Sarah Miggins smiggins@fs.fed.us 909-382-2796

602 South Tippecanoe, San Bernardino, California 92408

For more calendar details go to

http://mountainsfoundation.org/calendar

- Build a Birdhouse July 1st/15th/29th/
- Big Bear Greenthumbs July 15th/15th/
- Canoe Eco Tour July 2nd/7th/9th/14th/16th/21st/23rd/28th/
- Captain Hook's Revenge July 28th/29th/30th/
- Evening Programs-Discovery Center Amphitheater July 7th/15th/21st/
- Gold Panning July 1st/8th/15th/22nd/29th/
- <u>Music in the Mountains (Check fund raiser pages)</u> July 8th/14th/22nd/
- Intro to Geocaching July 8th/15th/
- Kayak Eco Tour July 1st/2nd/8th/9th/15th/16th/22nd/23rd/29th/
- Mountaintop Trail Rally July 30th
- Nature Craft July 1st/4th/15th/29th
- Nature Walk July 1st/2nd/4th/8th/9th/15th/16th/22nd/23rd/29th/30th/
- Night Hike July 6th/13th/20th/27th/
- Pinecone Birdfeeders July 9th/23rd/
- Story Time July 1st/4th/29th/
- Tread Lightly July 1st/8th/15th/22nd/29th/

Tree People

VOLUNTEER GROUP NEWS

https://www.treepeople.org/

FACEBOOK: https://www.facebook.com/TreePeople1/?fref=ts

12601 Mulholland Drive

Beverly Hills, CA 90210 Telephone (818) 753-4600

For more calendar details go to: <u>http://www.treepeople.org/calendar</u>

- Drought Solutions Tour and Native Plant Walk July 1st
- Moonlight Hike July 21st
- Family Tours and Native Plant Exploration July 23rd
- Group Dog Hike July 8th
- Generation Earth Professional Development Workshop July 13th
- Santa Monica Mountain Restoration July 23rd

Volunteers of the Angeles National Forest Wrightwood, CA

http://www.grassyhollow.net/

Visitor Center Phone #: (626) 821-6737 Loren Lake lorenll@verizon.net

The Grassy Hollow Visitor Center and Grounds are open for day-use only Hours: Saturdays, Sundays and Holidays 10:00 am to 4:00 pm

Weekdays- for school groups, youth organizations, etc. By Appointment

GRASSY HOLLOW SUMMER EDUCATIONAL PROGRAMS

2017 CALENDAR OF EVENTS

**"Summer Program Schedule available at grassyhollow.net" & you can email us at grassyhollow@hotmail.com for further info/details

• July 1st @ 11 am & 1:30 pm REPTILES!!!

Come and see many live specimens! You will learn about snakes and lizards that slither and crawl around in our area! NOTE: Due to popular demand, this Program will be presented TWICE!

Time: Approx 1 ¹/₂ hours

Location: Grassy Hollow Visitor Center

Leaders: Phil Clevenger & Rachel Woll, Herpetologists

• July 8th @ 9 am — *KID ACTIVITY LIGHTNING RIDGE TRAIL HIKE

Bring the kids out to learn the ecology of the surrounding area. Learn how forest fires, animals, the wind, snow and the climate affect nature. Great for Adults too!

Length: ³/₄ of a mile with some uphill parts. *Adventure Pass required to park at trail head.

Time: Approx 1 1/2 hour

Location: Inspiration Point on Hwy 2

Leader: Sabrina Johnson, Volunteer

• July 15th @ 1 pm BIRD TALK

Want to see more local Birds? Come find out how! Enjoy learning about the many birds of our area by hearing a local authority on Birds and their habitat. Then see how many you can identity right from our bird deck at Grassy Hollow!

Time: 1 hour

Location: Grassy Hollow Visitor Center

Leader: Joan McCandless, local "Bird Whisperer" & Volunteers of the Angeles National Forest (cont to next page)

VOLUNTEER GROUP NEWS

Volunteers of the Angeles National Forest (cont)

• July 22nd @ 9 am EARTHQUAKE WALK

Join us for a walk along a local stretch of the famous San Andreas Fault and learn about Earthquakes from a wellversed naturalist guide. See many interesting formations.

*Easy 1.5 mile hike

Time: Approx. 1¹/₂ hours

Location: Apple Tree Campground

Leader: Gail Nieto, Former President of Volunteer of the Angeles National Forest.

AND...

• July 22nd @ 1 pm ANIMALS OF THE FOREST

Learn more about the Animals we may encounter in the forest! Mountain Lions, Bobcats and Bears, OH MY!!! Presentation will include discussion of animals who call the forest their home, including a variety of mammals, insects, birds and reptiles. Come and meet your neighbors!

Time: Approx. 45 min – 1 hour

Location: Grassy Hollow Visitor Center

Leader: Linda Dailey, School Programs Coordinator, Volunteers of the Angeles National Forest

• July 29th @ 9 am — *KIDS ACTIVITY ADVENTURE HIKE!

Come join us for an easy 1 mile journey into the forest. Learn about forest animal habitats, the plants and the trees and how NOT to get lost on a trail. When the hike is done come meet a real "Mountain Man" and his pack animals.

Time: Approx 1 ¹/₂ -2 hours. **Location:** Grassy Hollow Visitor Center **Leader:** Sabrina Johnson, Volunteers of the Angeles National Forest

AND...

• July 29th @ 11 am – 4 pm MOUNTAIN MAN

Would you like to meet a REAL "Mountain Man" and his pack animals? They will show you the Old Ways for Modern Days. He's riding in today to the Grassy Hollow Amphitheater to advocate good trail manners and to promote the use, care and development of California Backcountry Trails, Campsites, Streams and Meadows; He has a wealth of information to share and demonstrate with visitors.

Time: All Day 11AM to 4PM **Location:** Grassy Hollow Visitor Center **Leader:** Terry Haider, Santa Ana River Unit

William S Hart UHSD of Santa Clarita ANF Crew 135

VOLUNTEER GROUP NEWS

Afternoon all,

One word to describe this year's Summer Trails - HOT. Soaring temps and challenging project goals kept things lively and my focus on crew safety for both weeks of WS Hart's 2017 Summer Trails Program. An official Crew of 23 including myself, 19 amazing kids, and two pretty dang awesome assistant Trail Bosses, successfully completed this years offering despite the blistering temps and 6am rally change up needed to beat the heat during the weeks of 6/12 and 6/19.

Final tallies for agency reporting purposes:

Quigley Canyon Open Space (City of Santa Clarita)

- 1.0 mile of equestrian trails, brushed, cleared, and restored. (Rawlins / City / Bullet Hole Trails)
- 100 dedicated crew hours

Gabrielino National Recreation Trail (USFS)

- 2.5 miles of tread restoration and heavy brushing westbound from Red Box
- .85 miles of tread restoration and heavy brushing eastbound from Red Box
- 1 snag removed. This proved to be a pretty technical removal with two 30' oaks intertwined and suspended 20' above the trail. The whole shebang was tension loaded and held up by two spring poles.
- 900 dedicated crew hours.

Newhall Open Space / Elsmere Canyon (MRCA / City of Santa Clarita)

- 500 yards of new trail installed brushed / cut / scraped Cabin Trail (Newhall Open Space)
- 1/4 mile of tread brushed / scraped Elsmere Canyon
- 154 dedicated crew hours

Really great group of kids again this year! Thank you all for your continued support and fantastic referrals! Pics uploaded to a common drive for sharing and Download - <u>CLICK HERE!</u> Lots more at <u>www.facebook.com/roptrails</u>

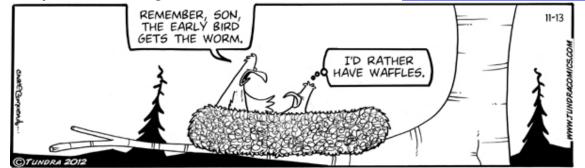
Wishing all a safe and relaxing summer!

Kevin

Kevin Sarkissian Lead Trailboss W S Hart Union High School District Angeles National Forest - ANF Crew 135 21380 Centre Pointe Parkway Santa Clarita, CA 91350 661.877.7024 661.284.3270 X 1438 https://www.facebookcom/roptrails/

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123/1 North	Little Tujunga Canyon Road	1
San Fernand	lo, CA 91342	
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TUNDRA by Chad Carpenter, Los Angeles Times Nov 13, 2012 email: <u>tundra@tundracomics.com</u>



Volunteer Today Send this in Right Away to Dennis Merkel —12371 N. Little Tujunga Canyon Rd San Fernando, CA 91342 Name_____ Address

Phone # (hm)______e-mail_____ e-mail______ Interests Indicate what you would like to do. Circle area or enter your interests. Campground Host/ Visitor Information/ Smokey Bear - Fire Prevention/ Recreation Aid / Forest Patrol /Resource Management / Computers/ Research-Librarian / Office Clerical / Tour guide/ Fire Lookout/ Conservation Education / habitat restoration and tree planting Other:_____